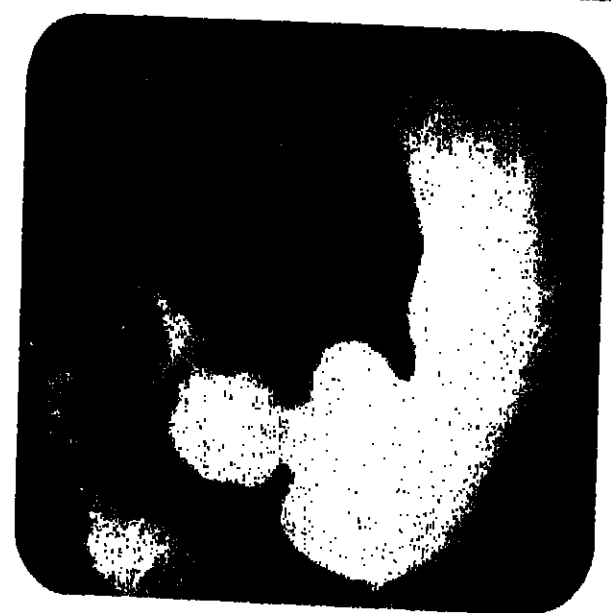


The Upper Functional G.I. Disorder

The Pseudo-ulcer



Ulcer-like symptoms: no G.I. pathology

The patient is convinced it's an ulcer. However, symptoms are not quite typical, and x-ray findings are negative. These findings and the results of additional diagnostic procedures exclude an organic basis for the patient's complaints. A diagnosis of "upper functional gastrointestinal disorder" is made, which is supported by the fact that episodes of painful symptoms coincide with episodes of excessive anxiety, as indicated by the history.

It may be useful to explain to the patient the mechanism by which emotions upset normal G.I. functioning, resulting in hypersecretion and hypermotility and thus causing such symptoms as nausea and epigastric pain. In upper functional gastrointestinal disorders, counseling by the primary physician can often help the patient to understand how excessive anxiety may cause flare-ups of G.I. symptoms.

A disproportionate number of patients seen by the general practitioner suffer from functional disorders, as do more than half of those seen by the gastroenterologist.* Where milder cases may respond to counsel-

ing alone, if symptoms are severe and disabling to any degree, a suitable regimen may include medication to reduce the symptoms and the excessive anxiety that often provokes these distressing symptoms.

In these cases, Librax as an adjunct can greatly contribute to the course of therapy. Its dual action can offer relief of both painful symptoms and excessive anxiety, because each capsule contains 5 mg chlorthalidone HCl and 2.5 mg clidinium Br. The antianxiety action of Librium® (chlorthalidone HCl) makes Librax exceptional

An adjunct
in anxiety-related upper
functional G.I. disorders

Librax®

Each capsule contains 5 mg chlorthalidone HCl and 2.5 mg clidinium Br.

Before prescribing, please consult complete product information, a summary of which follows:

Indications: Symptomatic relief of hypersecretion, hypermotility and anxiety states associated with organic or functional gastrointestinal disorders; and as adjunctive therapy in the management of peptic ulcer, gastritis, duodenitis, irritable bowel syndrome, spastic colitis, and mild ulcerative colitis.

Contraindications: Patients with glaucoma; prostatic hypertrophy and benign bladder neck obstruction; known hypersensitivity to chlorthalidone hydrochloride and/or clidinium bromide.

Warnings: Caution patients about possible combined effects with alcohol and other CNS depressants. As with all CNS-acting drugs, caution patients against hazardous occupations requiring complete mental alertness (e.g., operating machinery, driving). Though physical and psychological dependence have rarely been reported on recommended doses, use caution in administering Librium (chlorthalidone hydrochloride) to known addiction-prone individuals or those who might increase dosage; withdrawal symptoms (including convulsions) following discontinuation of the drug and similar to those seen with barbiturates, have been reported. Use of any drug in

pregnancy, lactation, or in women of childbearing age requires that its potential benefits be weighed against its possible hazards. As with all anticholinergic drugs, an inhibiting effect on lactation may occur.

Precautions: In elderly and debilitated, limit dosage to smallest effective amount to preclude development of ataxia, oversedation or confusion (not more than two capsules per day initially; increase gradually as needed and tolerated). Though generally not recommended, if combination therapy with other psychotropics seems indicated, carefully consider individual pharmacologic effects, particularly in use of potent sedative drugs such as MAO inhibitors and phenothiazines. Observe usual precautions in presence of impaired renal or hepatic function. Paradoxical reactions (e.g., excitement, stimulation and acute rage) have been reported in psychiatric patients. Employ usual precautions in treatment of psychiatric states with evidence of impending depression; suicidal tendencies may be present and protective measures necessary. Variable effects on blood coagulation have been reported very rarely in patients receiving the drug and oral anticoagulants; causal relationship has not been established clinically.

Adverse Reactions: No side effects or manifestations not seen with either compound alone have been reported with Librax. When chlorthalidone hydrochloride is used alone, drowsi-

ness, ataxia and confusion may occur, especially in the elderly and debilitated. These are reversible in most instances by proper dosage adjustment, but are also occasionally observed at the lower dosage ranges. In a few instances syncope has been reported. Also encountered are isolated instances of eruptions, edema, minor menstrual irregularities, nausea and constipation, extrapyramidal symptoms, increased and decreased libido—all infrequent and generally controlled with dosage reduction; changes in EEG patterns (low-voltage fast activity) may appear during and after treatment. Blood dyscrasias (including agranulocytosis, jaundice and hepatic dysfunction) have been reported occasionally with chlorthalidone hydrochloride, making periodic blood counts and liver function tests advisable during protracted therapy. Adverse effects reported with Librax are typical of anticholinergic agents, i.e., dryness of mouth, blurring of vision, urinary hesitancy and constipation. Constipation has occurred most often when Librax therapy is combined with other antispasmodics and/or low residue diets.

ROCHE Roche Laboratories Division of Hoffmann-La Roche Inc. Nutley, New Jersey 07110

ABCD

Med Trib 8

Medical Tribune

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Vol. 16, No. 8

world news of medicine and its practice—fast, accurate, complete

and Medical News

Wednesday, February 26, 1975

making rounds

at press time

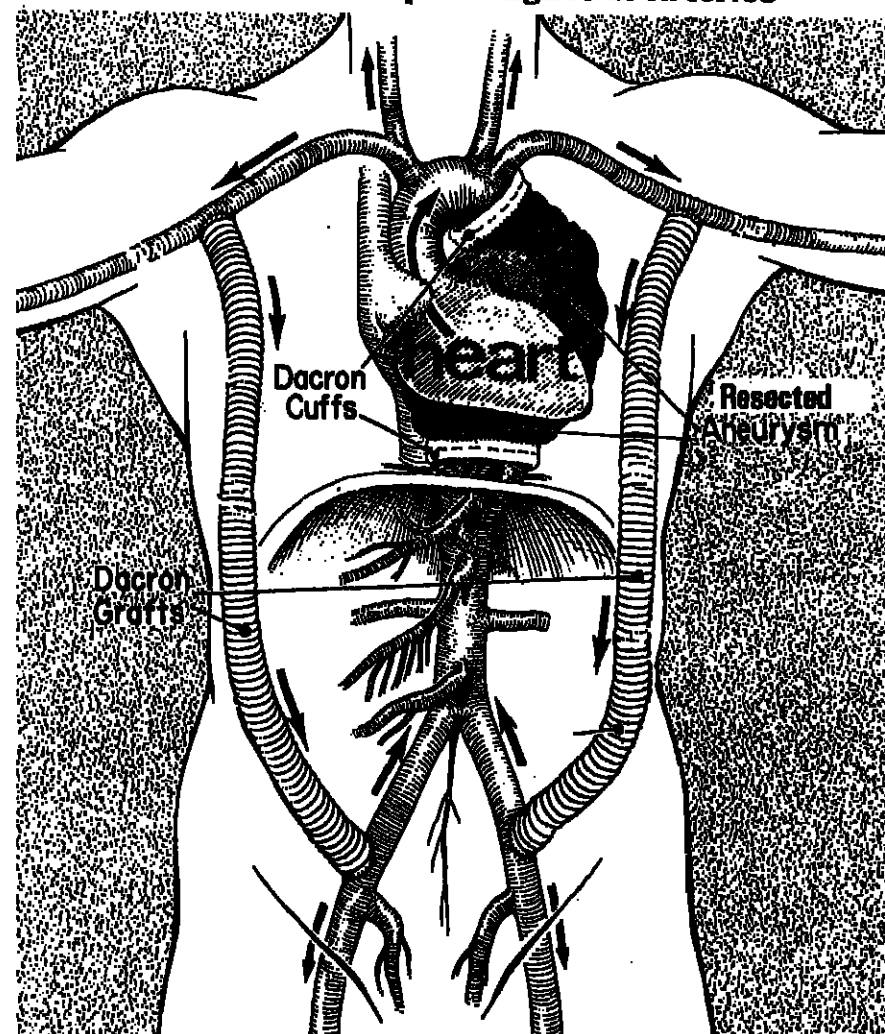
PACKAGE INSERTS—FDA will formally propose new guidelines for prescription drug package inserts "in the next few weeks," Dr. Vincent Gagliardi of the Bureau of Drugs told MT. Especially emphasized will be new sections on pregnancy, labor and delivery, and nursing mothers. Stronger warnings are needed in these areas, according to Dr. J. Richard Crout, head of the Bureau of Drugs, due to "great societal neglect" of drug misuse in obstetrics.

THE LOWLY COCKROACH—will be studied at the Sloan-Kettering Research Center to determine if and why invertebrates are resistant to cancer. Project director Robert S. Anderson, Ph.D., told MT he thinks roaches and other species low on the phylogenetic scale "may synthesize some substance that blocks the action of carcinogens."

BREAST ENLARGEMENTS, face lifts, and 631 other plastic surgery procedures at Portsmouth Naval Hosp. were billed to taxpayers last year, according to Rear Adm Harry Mahin, hospital commander. "In addition to the benefit to the women," he said in a statement, "plastic surgeons need to keep their talents sharp." Spokesman for Rep. Les Aspin commented, "In other words, they don't have anything else to do, so they do it for 'morale' purposes."

*Rome H.P. Brannick: 1. Orientation and mechanism of functional disorders; clinicalphysiologic correlation, chap. 133, in *Gastroenterology*, edited by Rockus H.L., Philadelphia, W.B. Saunders Company, 1965, p. 1116

Blood Rerouted Up Through Iliac Arteries



To deal with a severe dissecting aortic aneurysm, surgeons at Washington General Hosp. connected subclavian and iliac arteries via Dacron grafts inserted bilaterally just outside the patient's rib cage, clamping off both ends of the aneurysm. The grafts rerouted blood up through iliac arteries to organs of abdomen. The aneurysm was then excised.

Aneurysm Bypass Reverses Abdominal Aorta Blood Flow

BY RALPH CUSHAM
Special Tribune Correspondent

WASHINGTON—Surgeons at the Washington Hospital Center have successfully bypassed a severe dissecting aortic aneurysm by means of axillary Dacron iliac grafts that have reversed the direction of the blood flow in the pa-

tient's abdominal aorta. The patient, a 54-year-old local government employee, is back at work and progressing well, according to Dr. Karel Absolon, chief of surgery at Washington Hospital Center.

The procedure was developed hemo-

Continued on page 12

Position Shift Effective

'Roll-Over' Test Flags High BP Of Pregnancy

BY BEN ROSE

Medical Tribune World Service

WINNIPEG, MAN.—Blood pressure readings in the lateral and supine positions are a highly effective way of screening patients for pregnancy-induced hypertension and its complications, it was reported here at the annual meeting of the Royal College of Physicians and Surgeons of Canada.

At the same time it was recommended by Dr. Norman Gant, Associate Professor and co-chairman of Obstetrics and Gynecology, University of Texas, Southwestern Medical Center, Dallas, that all women—young and old—in the highest risk group, primigravidae, should be given such a screening test.

In their experience, Dr. Gant said, the readings have proven 90 per cent accurate in predicting the development of pregnancy-induced hypertension 10 weeks later.

The test—referred to as the "roll over" technique—requires about 15 minutes to establish a base-line reading in the lateral position before the blood pressure is taken in the supine position.

"Not too many doctors want to

Continued on page 13

Pasteur Institute In Grave Plight; May Quit Paris



Famed Pasteur Institute attracts post-graduate students from all nations, but financial problems place its future in question. See pages 14 and 15.

For Most Serious Infections Only...

Warning Issued on Clindamycin, Lincomycin

BY ALAN FITZGIBBON

Special Tribune Correspondent

WASHINGTON—Clindamycin and lincomycin, two widely prescribed antibiotics, may produce hazardous side effects and should not be prescribed for any but the most serious infections, an expert consultative panel of the Food and Drug Administration has warned.

The possible dangers of the two drugs have been widely publicized since mid-January, when the director

of the consumer-oriented Health Research Group here wrote the Commissioner of the Food and Drug Administration that "more than 15" deaths from bloody colitis has occurred following use of clindamycin and that "well over 75 per cent" of clindamycin prescriptions were written to treat minor ailments for which neither nor lincomycin should be prescribed.

After hearing reports for and against the two antibiotics at its most recent meeting, the F.D.A.'s nine-member

Anti-Infective Agents Advisory Committee concluded that available data do not warrant the removal of the drugs from the market.

But it recommended that the F.D.A. strengthen warnings in the labeling and package inserts that accompany the two antibiotics. In addition to noting that their use may produce colitis, as is now done, the labeling should limit use of the drugs to severe infections against which less toxic antibiotics are

Continued on page 2

anti-inflammatory

C I B

Dr. Simao Marum, the only physician in Paranapecaba, a small village in the state of São Paulo, Brazil, uses a "railway bicycle" to visit some of his patients. Dr. Marum, who is in his 70s, gave up a comfortable practice in a big city 30 years ago to go to Paranapecaba. There is a major shortage of doctors in the interior of Brazil, and the government is now offering free housing and better salaries to attract physicians to the area.

EDITORIAL
CAPSULES

comments in current medical and scientific journals.

Needless Diagnostic Tests

"Unfortunately, most of these needless [diagnostic] tests originate in prestigious institutions connected with medical schools. Often they are performed on individual patients for 'academic reasons.' This is certainly a poor excuse for a needless test. Physician educators must strive to teach house staff and students clinical thoughtfulness and not how to squander money and time on needless and possibly dangerous tests. We should critically review all of our examinations. The ordinary white count can be dangerously misleading when called upon to rule out appendicitis, particularly in the emergency room. Simple contrast studies of the upper pouch in esophageal atresia seem harmless enough when performed by a skillful radiologist. However, we frequently see babies sent in from outlying hospitals whose lungs are flooded with contrast material. They are then at greater risk for pulmonary complications. A contrast study of the upper pouch is a lovely thing to show at conferences; however, we should teach our students that a simple P.A. and later film of the chest with a radiopaque catheter is all that is necessary. . . .

"These are only a few of the many unnecessary tests which are being recommended and performed in our teaching hospitals. Unfortunately, the idea soon gets around that not to perform a given test is close to malpractice. Consequently, outlying institutions feel compelled to overuse and rely on them unduly. New diagnostic tests should be subjected to the same vigorous evaluation as new drug therapy." (Editorial, John G. Raffensperger, M.D., J. Ped. Surg. 9:807, Dec., 1974)

Radionuclides Advantages

"The emergence in the past 20 years of nuclear medicine as a distinct diagnostic discipline has been a major clinical advance. . . . Application of these radionuclide techniques to the study of coronary artery disease has been quite recent. . . . However, realization of the potential usefulness of these techniques has fostered an increasingly productive liaison between the two specialties.

"The potential advantages of these radionuclides in evaluating patients with cardiovascular disease is twofold: first they may permit the noninvasive or atraumatic acquisition of data that might otherwise be obtained only at the time of cardiac catheterization, second, and perhaps more important, they may permit the acquisition of physiologic measurements or observations not attainable by more conventional modes of study. Functionally, these techniques can be divided into those that evaluate cardiac performance and those that evaluate coronary blood flow, regional myocardial perfusion and myocardial viability." (Editorial, Barry L. Zaret, M.D., Lawrence S. Cohen, M.D., Amer. J. Cardiol. 35:112, Jan., 1975)

SLEEPING BETTER...**THE BEGINNING OF THE END OF CLINICAL DEPRESSION/ANXIETY**

Even before it helps her clinical depression/anxiety, Sinequan® (doxepin HCl) can help her sleep through the night. The sedative effect of Sinequan usually helps clinically depressed/anxious patients with accompanying sleep disturbances fall asleep more easily, remain asleep, and awaken more rested. Administering the major portion of the daily dose *h.s.* generally obviates the use of supplementary hypnotic agents. The marked anxiolytic property of Sinequan is particularly helpful in relieving apprehension, tension and worry. Optimal antidepressant effect is usually seen two to three weeks after initiation of therapy.

SINEQUAN
DOXEPIN HCl

10 mg., 25 mg., 50 mg., 100 mg. capsules

BRIEF SUMMARY**Sinequan® (doxepin HCl) Capsules**

Contraindications. Sinequan is contraindicated in individuals who have shown hypersensitivity to the drug.

Sinequan is contraindicated in patients with glaucoma or a tendency to urinary retention.

Warnings, Usage in Pregnancy: Sinequan has not been studied in the pregnant patient. It should not be used in pregnant women unless, in the judgment of the physician, it is essential for the welfare of the patient, although animal reproductive studies have not resulted in any teratogenic effects.

Usage in Children: The use of Sinequan in children under 12 years of age is not recommended, because safe conditions for its use have not been established.

MAO Inhibitors: Serious side effects and even death have been reported following the concomitant use of certain drugs with MAO inhibitors. Therefore, MAO inhibitors should be discontinued at least two weeks prior to the cautious initiation of therapy with Sinequan (doxepin HCl). The exact length of time may vary and is dependent upon the particular MAO inhibitor being used, and the dosage involved.

Precautions. Since drowsiness may occur with the use of this drug, patients should be warned of that possibility and cautioned against driving a car or operating dangerous machinery while taking this drug.

Patients should also be cautioned that their response to alcohol may be potentiated. Since suicide is an inherent risk in any depressed patient and may remain so until

significant improvement has occurred, patients should be closely supervised during the early course of therapy.

Although Sinequan (doxepin HCl) is a significant tranquilizing agent, the possibility of activation of psychotic symptoms should be kept in mind.

Other structurally related psychotropic agents (e.g., iminodibenzylidene derivatives) are capable of blocking the effects of guanethidine and other acting compounds in both the animal and man. Sinequan, however, does not show effect in animals. At the usual clinical dose, 75 to 150 mg. per day, Sinequan does not block the effects of guanethidine when given concomitantly with guanethidine-related compounds without blocking antihypertensive effect. At doses of 300 mg. per day or above, Sinequan does show significant blocking effect. In addition,

Sinequan (doxepin HCl) was similar to the other structurally related psychotherapeutic agents as regards its ability to potentiate norepinephrine response in the animal. However, in the human this effect was not seen. This is in agreement with the low incidence of the side effect of tachycardia seen clinically.

Adverse Reactions. Anticholinergic Effects: Dry mouth, blurred vision, and constipation have been reported. They are usually mild, and often subside with continued therapy or reduction of dose.

Central Nervous System Effects: Drowsiness has been observed. This usually occurs early in the course of treatment, and tends to disappear as therapy is continued.

Cardiovascular Effects: Tachycardia and hypotension have been reported infrequently. Other infrequently reported side effects

include extrapyramidal symptoms, gastrointestinal reactions, secretory effects such as increased sweating, weakness, dizziness, fatigue, weight gain, edema, paresthesias, flushing, chills, tinnitus, photophobia, decreased libido, rash, and pruritus.

Dosage. For most patients with illness of mild to moderate severity, a starting dose of 25 mg. *h.s.* is recommended. Dosage may subsequently be increased or decreased at appropriate intervals and according to individual response. The usual optimum dose range is 75 mg./day to 150 mg./day.

In more severely ill patients an initial dose of 50 mg. *h.s.* may be required with subsequent gradual increase to 300 mg./day if necessary. Additional therapeutic effect is rarely to be obtained by exceeding a dose of 300 mg./day.

In patients with very mild symptomatology

or emotional symptoms accompanying organic disease, lower doses may suffice. Some of these patients have been controlled on doses as low as 25-50 mg./day.

Although optimal antidepressant response may not be evident for two to three weeks, anxiolytic activity is rapidly apparent. Supply, Sinequan (doxepin HCl) is available as capsules containing doxepin HCl equivalent to 10 mg., 25 mg., 50 mg., and 100 mg. of doxepin in bottles of 100, 1000, and unit-dose packages of 100 (10x10's).

More detailed professional information available on request.

LABORATORIES DIVISION
PPC
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Marmoset Ban Said to Hamper Virus Research

BY JAMES MAGUE

Medical Tribune World Service

MILAN, ITALY—A conservationist embargo on exports of marmosets from countries in South America is hampering research on hepatitis A and certain cancer tumor viruses, Dr. Frank T. Perkins, president of the International Association of Biological Standardization, warned here. The ban has come at a time when research progress has brought a vastly expanded need for the animals.

Until recently, the United States imported a few thousand a year. Now the supply has been cut off completely while the demand has jumped several fold.

World requirements for the animals now estimated at 50,000 annually, but early last year the countries of the Upper Colombia Basin—Brazil, Peru, and Colombia—banned all exports. Only a handful of laboratories in the United States are breeding them in captivity. The crunch has come during the past four or five months, and investigators at a viral hepatitis symposium of the International Association of Biological Standardization here made a plea for a supply of the small primates.

"As it is, the ban is serving neither conservation nor scientific research," said Dr. Perkins. "The animals are now being smuggled out of South America under such conditions that most of them are either dead or dying by the time they reach the black market in Europe, where dealers are offering them for about \$100 per animal."

Breeding Called the Answer

Breeding marmosets is the only realistic answer to the problem, according to Dr. Friedrich Deinhardt, of the department of microbiology at Rush-Presbyterian-St. Luke's Medical Center in Chicago. "We saw this coming and have been trying to convince interested scientists to begin for the past 10 years."

The laboratory at Rush-Presbyterian began breeding marmosets in 1961 and now produces some 300 animals a year. But there are none to spare since the laboratory's own needs outstrip this supply.

"We started to use them for tumor virus research, but in insignificant numbers," Dr. Deinhardt told MEDICAL TRIBUNE. "The number needed increased considerably when it was shown that marmosets are susceptible to hepatitis A, in addition to six different tumor viruses, including one possible human tumor virus. They are also susceptible to slow viruses. And marmosets are really the only or the best model."

Earlier attempts to transmit hepatitis A or B to chimpanzees produced equivocal results, he noted, due to the fact that they often pick up hepatitis from man after capture, get a subclinical infection, and develop immunity before laboratory experiments can begin. In addition, they are costly to breed in captivity in comparison with marmosets.

Leadership is authoritative

Literally hundreds of the best minds in medicine authoritatively answer the questions of Medical Tribune readers through the "In Consultation" series. Photographs of some who have contributed recently appear on this page. Throughout the world over 500,000 doctors get the medical news first, fully and accurately through Medical Tribune.



Medical Tribune is distributed to almost 170,000 American doctors in private practice.

Hospital Tribune is distributed to 141,000 physicians associated with hospital and university centers.

Separately staffed editions of Medical Tribune in London, Paris, Wiesbaden and Tokyo reach approximately 225,000 doctors.

Wednesday, February 26, 1975

MEDICAL TRIBUNE

9

Colon Polyps Are Removed During Fiberscope Studies

Medical Tribune World Service

MEXICO CITY—In 1,523 colonoscopic examinations with the fiberglass endoscope at the University of Erlangen-Nuremberg, West Germany, the primary diagnostic procedure was at the same time a therapeutic one in 226 cases.

These included the electrosurgical removal of polypoid lesions, the extraction of foreign bodies, the removal of nonabsorbable suture material, treatment with injections, electrocoagulation, and partial electroresection of inoperable malignant tumors.

"The removal of polyps with the high-frequency diathermy snare must today be considered the method of choice," Dr. Peter Fröhmer told the Third International Congress of Gastrointestinal Endoscopy here.

"Compared with the more time-consuming and personnel-intensive surgical method, it represents a less stressful and risky method for the patient. When invasive carcinoma has been excluded by the workup, this primarily diagnostic procedure represents a therapeutic measure, as it also does in the case of bleeding or invagination-prone polyps."

222 Polypoid Lesions Removed

A total of 222 polypoid lesions were removed by this method. An open snare that can be turned through about 120° was developed for the removal of larger pedunculated or multilobed polyps. With this instrument, the size and form of the head of the polyp no longer represents a limiting factor for resection, Dr. Fröhmer said.

He stressed that not biopsy but only complete removal and histologic examination of the polypoid lesion can provide the necessary information on biological nature.

Other procedures carried out by the West German team with the one- or two-channel endoscope were:

- Recovery of a transintestinal tube incarcerated in the upper sigmoid colon, as well as the pellet-filled guide, with the aid of a hook fixed to the tip of a flexible tube introduced through the instrument channel of a colonoscope.

- Removal of nonabsorbable suture material observed to be invading the intestinal lumen of about 10 per cent of all patients examined postoperatively. When a suture could not be removed with the biopsy forceps, it was first divided with the aid of a special high-frequency diathermy probe and then removed with the forceps.

- Sclerosing by injection for the first time of solitary vascular hamartomas in the caecum and transverse colon through the use of an injection cannula located at the tip of a flexible Teflon tube introduced through the instrument channel.

Hitherto, Dr. Fröhmer said, injections performed with the aid of the endoscope were limited to the local treatment of gastric ulcers or early carcinomas. However, the new procedure was successful only in individual cases, and because of the danger of artificially induced bleeding and the frequent necessity of repeated injection, it was decided to manage these lesions by electrocoagulation.

- Electrocoagulation of hemangiomas with the use of a flexible coagulation probe in a patient with recurrent intestinal hemorrhages of 10 years' standing unsuccessfully treated by injection. The patient has been symptom-free for two years.

A hemangioma in the caecum of another patient was sclerosed during the phase of acute hemorrhage, averting laparotomy.

Nevertheless, because of the danger of perforation the procedure was not considered to have reached the stage of general clinical application.

- Partial electroresection and coagu-

Identifying Candidates for Fatal Attack



It is now possible to identify persons most likely to die from a sudden heart attack, according to Dr. Charles Oliver, of Washington University, by using a portable heart-monitoring device and a small IBM computer to pick up premature ventricular contractions usually given off before a sudden and fatal heart attack. Superimposed here is an abnormal heart "blip" identified with arrow and V by computer. Lower tracing shows normal heart beats.

lation of inoperable malignant tumors by use of the high-frequency diathermy snare, a palliative measure, was con-

sidered to be of probable utility in the prevention of ileus and in the treatment of bleeding from carcinomas.

Testosterone Link To Sex Activity Uncertain

By FRANCES GOODNIGHT
Medical Tribune Staff

NEW YORK—A study of 12 heterosexual couples has shown that sexual activity including intercourse does not necessarily produce an increase in the plasma testosterone levels of either man or woman, Dr. Robert C. Kolodny of St. Louis reported here.

Dr. Kolodny, who directs the endocrine research section of the Reproductive Biology Research Foundation, said the study also showed no correlation between the "intensity of the orgasmic experience" as described by either partner and any change in testosterone level.

The first finding differs from observations on animals since coital stimulation causes levels of this hormone to rise in such diverse species as the rabbit, bull, and rhesus monkey. Dr. Kolodny told the annual meeting of the American Association for the Advancement of Science.

Participants in the human study were volunteers—not patients—and did not have any form of sexual dysfunction, the investigator noted. Furthermore,

the sexual activity took place in the privacy of the couples' homes. They drew their own blood samples, approximately 30 minutes before the start of sexual activity, immediately prior to coitus, and within one minute following orgasm.

One-third of the men demonstrated a 20 to 50 per cent increase in circulating testosterone levels in association with orgasm "on a very consistent basis," Dr. Kolodny said. Yet at the same point in sexual activity other men showed little change or even a slight decrease in testosterone.

Sexual play, with or without intercourse not leading to orgasm, did not produce significant increases in testosterone levels. Masturbatory activity (self-stimulation or partner-stimulation) that led to orgasm caused only minor increases.

The reported intensity of the orgasmic experience was uncorrelated with change in plasma testosterone, and no clear-cut preceding peak in luteinizing hormone levels was observed before a testosterone rise.

The men showed no consistently

seen change in any of the endocrine measures during a week-long abstinence from sexual activity. Dr. Kolodny continued. But findings from a separate study suggest "that longer periods of sexual abstinence—combined with anticipation of resuming sexual activity—may produce increases in testosterone levels in men."

Women Less Consistent

The women among the volunteer couples had less consistent increases of circulating testosterone levels in association with orgasm than did the men, Dr. Kolodny said, but those who showed increases did so by much higher percentages.

As with the men, there was no correlation between endocrine change and the reported intensity of orgasmic experience. There was also no association between the phase of the menstrual cycle and the endocrine response to sexual activity of either the male or female partner.

Discussing the possible effects of high and low levels of testosterone, Dr. Kolodny emphasized that "biologic

factors are usually secondary in importance to psychosocial ones in human sexual behavior."

He pointed out, however, that androgen is a major biologic determinant of libido. Women who have undergone bilateral adrenalectomy "frequently report diminished interest in sex and decreased sexual responsiveness" and the human male without adequate androgen support "typically reports both a lowered interest in sex and decreased effectiveness in his sexual functioning."

If men with such symptoms have testosterone levels that can be documented as subnormal, he commented, adequate replacement of the hormone will often relieve the problem even though "psychological counseling may be required" to help the patients deal with fears and feelings of inadequacy that developed because of the impotence.

Dr. Kolodny said that studies made at the St. Louis research center of more than 300 impotent men have shown that testosterone levels in impotence are usually normal unless an organic process affecting the endocrine system is present or unless there is drug-induced impotence.

Medical Tribune

and Medical News
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Since rigid restrictions and propos-

als for limiting research have already been put forth to "protect" mentally defective and even normal children, the unborn fetus, the pregnant woman, prisoners and patients in mental institutions, we are well on our way to the ultimate *reductio ad absurdum*—a moratorium on all biomedical research. One must recognize that in fairness to the non-poor, non-black, non-ethnic, non-prisoner, non-fetal, non-pregnant population and to the mentally normal that they too should not be included in research since they would then be discriminated against and would be represented in research programs disproportionately to their numbers in the diseases investigated.

Who will suffer by the termination of research on sickle cell anemia—blacks or whites? Who will suffer by the termination of research on mental deficiency, the normal or the mentally retarded? Who will suffer by termination of research on diseases and disorders of pregnancy and of childhood as well if not the pregnant woman and the child?

ment" of man in his age-old fight against disease and its destruction of life. As long as there is no moratorium on disease, there can be no moratorium on research. A.M.S.

Prevention of deep vein thrombosis was chosen to demonstrate the mathematics utilized to decide whether or not to institute prophylactic heparin therapy following myocardial infarction. The variables involved are the age of the patient, the incidence of deep vein thrombosis in such a patient, how often embolization occurs in the latter circumstances if anticoagulation is begun at that time rather than prophylactically before thrombosis, how often death ensues, and how often anticoagulation itself is hazardous and results in morbidity and death. The incidence of these events varies not only with the age of the patient but whether he has varicose veins, whether he has had a previous thromboembolism, whether he is a smoker—and according to experience of all these events in the par-

In 1973, articles in *The American Journal of Medicine* also dealt with decision analysis and clinical judgment. Decision analysis was described as "now finding application in industrial management, economics and government." The current record of decisions in all three of these areas, however, is an unenviable one. Even when computerized and instantly available, the results of decision analysis themselves must be subjected to rigorous criticism on the basis of continuing experience.



"Here comes Rafferty to tell us about his operation again."

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IRVING E. MINER, M.D., P. C.
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Huron, Ohio

I would feel that a pilot study showing that the quality of medical care would be improved be done prior to the requirement for recertification. Also, I would feel that the Diplomates of the various boards, not the execu-

Dr. William A. Larmon, executive secretary of the American Board of Orthopaedic Surgery, Inc., told MT that the Board representative voted affirmatively at the March 29-30, 1973 meeting of the American Board of Medical Specialties "that A.B.M.S. adopt in principle, and urge concurrence of its member boards with the policy that voluntary periodic recertification of medical specialists become an integral part of all national medical specialist certification programs." However, the Board has not as yet, Dr. Larmon said, moved toward implementation of recertification. Dr. Charles Heck, executive director of the American Academy of Orthopaedic Surgeons, noted that the Academy has "voiced against mandatory recertification and recertification by examination at its annual meeting in 1969, but the principle of recertification, provided it is done through continuing education, is quite acceptable." —Ed.

Esidrix. It is still unsurpassed as a basic diuretic/antihypertensive. And many patients with edema rarely need a more potent diuretic.

Esidrix®

(hydrochlorothiazide)
for year-after-year control
of mild hypertension



Esidrix® (hydrochlorothiazide)
INDICATIONS

INDICATIONS

Hypertension &

CONTRAINDICATIONS
Anuria; hypersensitivity to this or other sulfonamide-derived drugs. The routine use of diuretics in an otherwise healthy pregnant woman with or without mild edema is contraindicated and possibly hazardous.

WARNINGS
Use with care

with caution in severe renal disease. In patients with renal disease, thiazides may precipitate azotemia. Cumulative effects of the drug may develop in patients with impaired renal function. Thiazides should be used with caution in patients with impaired hepatic function or progressive liver disease, since minor alterations of fluid and electrolyte imbalance may precipitate hepatic coma. Thiazides may be additive or potentiative of the action of other antihypertensive drugs. Potentiation occurs with ganglionic or peripheral adrenergic blocking drugs.

Sensitively reactions are more likely to occur in patients with a history of allergy or bronchial asthma. The possibility of exacerbation or activation of systemic lupus erythematosus has been reported.

Use of thiazides in women of childbearing age requires that the potential benefits of the drug be weighed against its possible hazards to the fetus. These hazards include fetal or neonatal jaundice, thrombocytopenia, and possibly other adverse reactions which have occurred in the adult.

Thiazides cross the placental barrier and appear in cord blood and breast milk.



PRECAUTIONS

Periodic determination of serum electrolytes to detect possible electrolyte imbalance should be performed at appropriate intervals. To serve as a clinical sign of fluid or electrolyte balance (hyponatremia, hypochloremic alkalosis, and hypokalemia), determinations are particularly important when the patient is vomiting excessively or receiving parenteral fluids. Medication such as digitalis may also influence serum electrolytes. Warning signs are dryness of mouth, thirst, weakness, lethargy, drowsiness, restlessness, muscle pain or cramps, muscle twitching, hypotension, oliguria, and cyanosis. Gastrointestinal disturbance such as nausea or vomiting.

Hypokalemia may develop with thiazides as with any other potent diuretic, especially during brisk diuresis, when severe cirrhosis is present, or during concomitant administration of steroids or ACTH. Interference with adequate oral intake of electrolytes will also contribute to hypokalemia. Digitalis therapy may exaggerate metabolic effects of hypokalemia especially with reference to arrhythmogenicity.

Any chloride deficit is generally mild and usually does not require specific treatment except under extraordinary circumstances (as in liver disease or renal disease). Dilutional hyponatremia may occur in edematous patients in hot weather; appropriate therapy is water restriction rather than administration of salt, except in rare instances when the hyponatremia is life-threatening. In actual salt depletion, appropriate replacement is the therapy of choice.

Transient elevations in plasma calcium may occur in patients receiving thiazides, particularly in those with hyperparathyroidism. Pathologic changes in the parathyroid gland have been reported in a few patients on prolonged thiazide therapy.

hyperuricemia may occur or frank gout may be precipitated in certain patients. Insulin requirements in diabetic patients may be increased, decreased, or unchanged. Latent diabetes may become manifest during thiazide administration. Thiazide drugs may increase the responsiveness to tubocurarine. The antihypertensive effect of the drug may be enhanced in the post-sympathectomy patient. Thiazide may increase the responsiveness to

Thiazides may decrease arterial responsiveness to norepinephrine. This is not sufficient to preclude effectiveness of the pressor agent for therapeutic use.

If nitrogen retention indicates onset of progressive renal impairment, consider withholding or discontinuing diuretic therapy.

Thiazides may decrease serum PBI levels without signs of thyroid disturbance.

ADVERSE REACTIONS:

[illegible]

muscle tension, weakness, restlessness, and
adverse reactions are indicative of severe
degree of withdrawal therapy.

Individualize dosage by titrating for maximum response at the lowest possible dose. **Initial:** Usual dose 75 mg daily. **Maintenance:** After a week dosage may be adjusted downward to as little as 25 mg or upward as much as 100 mg daily. Combined therapy with necessary anti-hypertensives may be added gradually and with caution because of potential alteration of these drugs. Avoidance of

SUPPLIED
Tablets, 50 mg (yellow, scored); bottles of 100, 1000, 5000 and Alcu pak blister unit
Tablets, 25 mg (pink, scored); bottles of 100 and 5000

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C I B

Aneurysm Bypass Reverses Flow in Aorta

Continued from page 1
dynamically in the Center's laboratories, Dr. Absolon said, but last April 24 marked the first time—to the best of his knowledge—that it had been performed successfully in a clinical setting.

Aneurysm Ruptures

Dr. Absolon said the patient had had a type 3 dissecting aneurysm for some time. Months of antihypertensive therapy had failed to control his blood pressure.

"Then," Dr. Absolon said, "the proximal component of the dissection enlarged and finally ruptured. Fluid aspirated from the chest was bloody."

"While this was happening he went into renal shutdown and lost conscious-

ness, probably from interference with the carotid blood circulation," he added. "While he was on dialysis there was probably an extension of the dissection."

"In addition, he also had some coagulopathy," he said.

The situation was "ominous," Dr. Absolon said, and according to a literature search, no patient who had dissected while on dialysis had survived.

Because of the patient's condition, Dr. Absolon and his colleagues were reluctant to put him on a heart lung machine and proceed with a routine excision of the dissection and replacement with a Dacron graft.

"We decided to go ahead with the procedure we had developed hemodynamically in the laboratory," Dr.

Absolon said. This involved putting in an axillary iliac graft and measuring the pressure and flow through the graft.

"One rather bothersome thing was that several papers in the literature stated that if you put a graft like this in dogs, this retrograde perfusion of the viscera invariably produces malfunction," he said. "This did not make any sense, however, because our flow and pressure measurements did not indicate such an effect."

The Hospital Center team then connected the subclavian and iliac arteries with 20-inch Dacron grafts inserted bilaterally just outside the patient's rib cage. When both ends of the aneurysm were clamped off, the Dacron grafts took over the circulation and re-routed

the blood up through the aorta to feed the organs of the body. The aneurysm was then excised. The normal aorta measured 2.5 cm in diameter, so that they at 1.2 cm diameter each would provide the same capacity, Dr. Absolon said in explaining the reasoning behind the bilateral implants. If it happened to one of the grafts, the other would provide security.

"The patient responded well to operation," Dr. Absolon said. "Surprisingly, his blood pressure returned to normal without treatment."

Value in Specific Circumstances

Dr. Absolon said the patient's medications now are aspirin and pyridamole for his peripheral disease.

Dr. Absolon said he would not see this procedure as a panacea for placement of aortic aneurysm, but feels that it has value in specific circumstances.

This might include patients in whom a bypass is contraindicated, and patients on dialysis, or patients with congenital defects, he said. "One definite indication would be in a patient with a graft that had become blocked or a patient who has an aneurysm well as a graft, which would not indicate placement of a second graft."

"Other indications might be in aortic aneurysm in the presence of infection, a pseudoaneurysm following a trauma, and perhaps some cases of extensive contraction of the aorta," he said.

Dr. Absolon's paper on the procedure was scheduled for publication in the February issue of *Surgery*.

'Most Courageous'



Pittsburgh Steeler running back Rocky Bleier, who was wounded in Vietnam and had two leg operations, with the possibility that he might never again walk normally, was honored by the Philadelphia Sports Writers Association as the "Most Courageous Athlete of 1974."

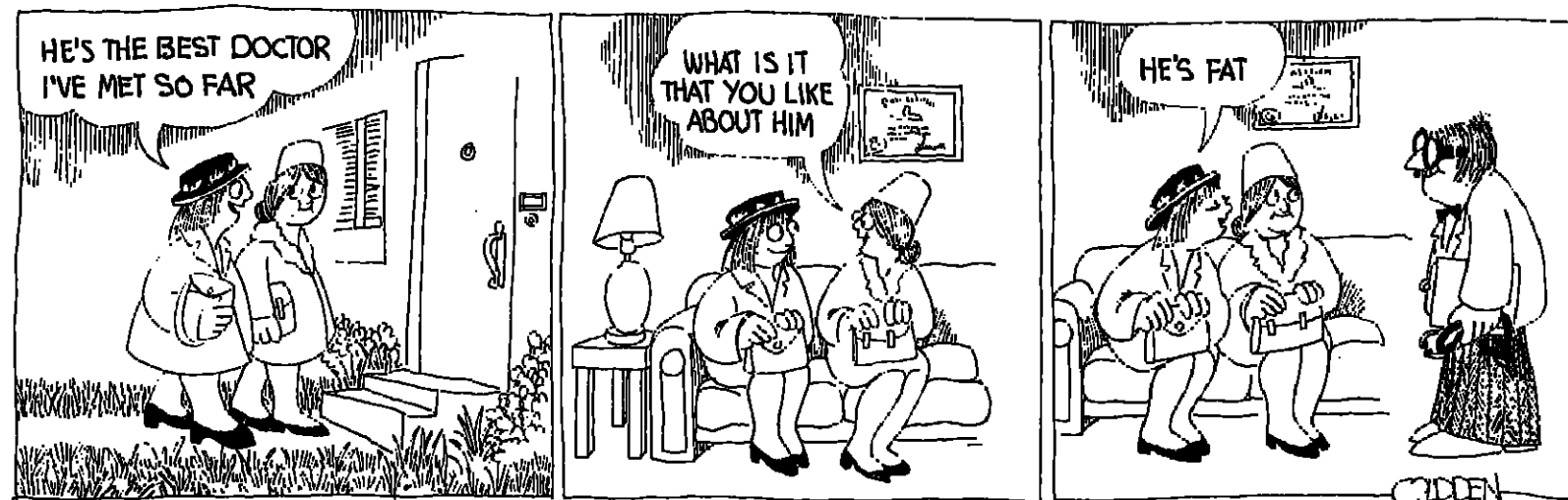
Wednesday, February 1

Wednesday, February 26, 1975

MEDICAL TRIBUNE

13

Clinical Trials



by Oldden

Drug Therapy May Remedy An Intracellular Heart Defect

Medical Tribune Report

MARCO ISLAND, FLA.—A strong possibility for a drug therapy to remedy an intracellular defect in diseased heart muscle is emerging from some systematic studies of the molecular activity that occurs when such a muscle cell contracts and relaxes, according to a report here by Arnold Schwartz, Ph.D., Professor of Cell Biophysics at the Baylor College of Medicine.

The key to heart muscle cell contraction and relaxation—the link between the electrical and mechanical processes—is the charged calcium ion, Ca⁺⁺. At the cell sarcomere, Dr. Schwartz told the American Heart Association's Second Science Writers Forum here, Ca⁺⁺ serves to "open up" a specific site on the actin molecule, which triggers a yet unknown force generating mechanism between the actin and myosin—and causes contraction.

Very Active 'Relaxation'

"Relaxation" of the cell is not what the word implies, Dr. Schwartz said. It is a "very active process" in which the cell's sarcoplasmic reticulum "pulls calcium away" from the site it occupied to trigger contraction. During the heyday of heart transplantation at Baylor, Dr. Schwartz and colleagues minutely examined 35 diseased hearts removed from transplant patients. In all of them, regardless of the causes of the disease, the investigators found a specific defect in the heart cell sarcoplasmic reticulum. The only other common characteristic of the hearts was that they were deficient in pumping ability.

Since then, Dr. Schwartz and associates have been working with dogs in an effort to mimic the failures of the heart muscle cell transport system. Following a lead furnished by Dr. Burton Pressman of the University of Miami, they have been using an experimental antibiotic, RD 2-2985, which is an "ionophore" that has an affinity for such ions as calcium and can move them across membranes.

In dogs pre-treated with the drug and then having coronary artery ligation and induced infarction, the pumping action of the heart is not nearly so decreased as it is in untreated animals, Dr. Schwartz said. If this drug or derivatives of it prove suitably non-toxic, he said, there seems to be a potential for its "extreme value" in warding off

cardiogenic shock associated with infarction, and possibly for supporting the diseased heart with chronically flagging contractility.

Hypercholesterolemia

► A drug intervention in the deranged metabolic process associated with familial hypercholesterolemia appears possible from results of an investigation at the University of Texas Southwestern Medical School at Dallas—if the phenomenon seen in human cell cultures can be reproduced in vivo.

Dr. Joseph L. Goldstein, head of the school's Division of Medical Genetics, reported here that the work had disclosed a specific receptor site on the surface of cultured normal fibroblasts that binds low-density lipoproteins, which contain cholesterol in its physiologic form. When cholesterol moves into the cell, it causes a rapid decline in enzyme activity that the cell normally uses for its own biosynthesis of cholesterol and shuts off the intracellular production of it.

But in cells from patients with familial hypercholesterolemia, the binding site for low-density lipoproteins is faulty; the cells continue to produce cholesterol no matter how much of it may be outside.

Egyptian Soldiers in Israeli Hospital Found to Excel in Wound Recovery

Medical Tribune World Service

TEL AVIV—The Egyptian soldier resists infections better than the Israeli, recovers faster from his wounds, and suffers fewer complications, according to a study performed following the Yom Kippur War.

The investigators were physicians at the Sackler School of Medicine of Tel Aviv University and the Assaf Harod Hospital, near here. Their conclusions were published in *Harefuah*, the journal of the Israel Medical Association. The study dealt with 372 Israeli soldiers and 118 Egyptian prisoners of war. The two groups were similar in age and received similar treatment for similar wounds from same doctors.

One difference, however, that gives a partial explanation for the findings, the investigators said, was the fact that the Israeli soldiers had mostly re-

ceived first-aid treatment shortly after being hit and were hospitalized within six to eight hours, whereas the Egyptians had mostly received no or inadequate first aid and were hospitalized one or two days after being hit.

Thus, the report said the wounded Egyptians who lived long enough to be picked up by their captors, while many of their comrades died, were a selected population exemplifying the principle of the survival of the fittest.

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Greek Infant Death Rate

Medical Tribune World Service

ATHENS—The death rate of infants (0-11 months) in Greece is now 30 per thousand as against 38 per thousand 10 years ago, but is still high in comparison to other developed European countries, according to Dr. Christos Kassimos, of Salonica University.

'Roll-Over' Test Flags High BP Of Pregnancy

Continued from page 1

stand around for 15 minutes, they would rather take a blood sample and send it off to the lab, so we wound up with our nurses doing it," Dr. Gant said.

If the diastolic pressure rises more than 20 ml. Hg. above the constant base-line reading, the patient has a 90 per cent chance of developing hypertension, he said.

'Little We Can Do'

"Please don't make me out as a zealot for this screening test," Dr. Gant told a press conference later. "There is little we can do for them except lower their physical activity. If I had a drug to give them, I would demand that every physician give the test, but I don't have a drug." However, he did advocate the test for pregnant teen-agers, who with an incidence of 20 to 25 per cent, represent the highest risk group. It should be done between the 28th and 32nd week, he said.

"If we have beds, we admit such patients for rest; if we have no beds we watch them carefully as outpatients. Many of them get to term and then develop hypertension, while others get to the 36th week and then we deliver them. Those who do not develop the hypertension early on are the ones most at risk."

The hypertension may lead to eclampsia, grand mal seizures, and to severe growth retardation of the fetus, he said. In fact, he added, the fetus should be referred to as the second patient.

Can Modify Eclampsia

"Eclampsia is a chronic disease which develops many weeks before we can measure the changes with a blood pressure cuff. In many patients the changes occur 14 to 16 weeks before the development of hypertension. But if we can detect the disease we can modify it with rest," Dr. Gant said.

Medication to bring the mother's blood pressure down is not appropriate, he said, because the reduced blood flow reduces the functional placental reserve for the baby.

Now, for both aspects of constipation



sluggish bowel

and hard dry stools

Announcing
Senokot S Tablets
(standardized senna concentrate and dioctyl sodium sulfosuccinate)

a unique natural laxative
plus
a classic stool softener

Provides a unique natural laxative—standardized senna concentrate...virtually colon-specific...effectiveness documented in numerous published studies comprising thousands of patients.
Provides a classic stool softener—DSS...complementing the laxative action by softening the stool for smoother and easier passage.

Comfortable, predictable evacuation...a bedtime dose of SENOKOT S Tablets usually induces comfortable evacuation the next morning, allowing uninterrupted sleep. SENOKOT S Tablets aid in rehabilitation of the constipated patient by facilitating regular elimination.

Indications: SENOKOT S Tablets offer welcome relief in functional constipation when combined with postoperative patients; drug-induced constipation; cardiovascular patients and those with hemorrhoids. Dosage (preferably at bedtime): Adults: Initial Dosage: 2 tablets (max. dose—4 tablets b.i.d.). Children (above 60 lb.): 1 tablet (max. dose—2 tablets b.i.d.). To meet individual requirements, dosage may be decreased or increased by 1 tablet (up to maximum) until the most effective dose is established. Supplied: Bottles of 30 and 60 tablets.

PURDUE FREDERICK

Pasteur Institute in Deep Financial Trouble

By JAMES MAGEE

Medical Tribune World Service

PARIS—The famed Pasteur Institute, source of medical research that has earned eight Nobel prizes and a world resource in the understanding and treatment of infectious diseases, is in deep financial trouble.

Traditionally 70-80 per cent self-supporting, but with an increasing operating deficit and outmoded and crowded facilities, the Institute faces the need for greatly increased Government financial support; so desperate is the situation, in fact, that it is seriously contemplating selling its present site and moving out of Paris.

In 1973 Institute director Jacques Monod, Sc.D., drew public attention to the difficulties facing the research center, as it headed into its sixth consecutive year of worsening finances.

See One Man and Medicine, pg. 18

"If we are to survive, then we must accept the fact that we have to become more and more dependent on state aid," Henri Perrier, the Institute's principal spokesman, told MEDICAL TRIBUNE here. "At present state help amounts to about 20-30 per cent of our income. If we are to keep going, this assistance will have to be virtually doubled."



Mass fermentation produces a wide range of vaccines, including BCG, cholera, malaria, typhoid, and flu, as well as antitoxins for diphtheria, tetanus, botulism, and staphylococcus.

In the end it will be Madame Simone Veil, France's tough-minded new Minister of Health, who will decide. But first she has called for information, and the whole Pasteur organization is being reviewed by Government experts. At the same time the scientists and managers on the staff are being interviewed, and their reactions and suggestions recorded for later analysis.

Buildings Dilapidated

But there is more to the problem than the present working deficit. An old print of the inauguration of the Pasteur Institute in 1888 shows women in bustles and gendarmes with sabers walking in the grounds of the main building. The sabers have vanished, and the bustles have given way to bottom-hugging blue jeans, but the central buildings remain unaltered by the passage of almost a century.

Grouped tightly around the central campus are a jumble of other buildings of varying architectural styles, from French neo-classic to the glass and steel of the recently-constructed molecular biology wing.

Many of the laboratories built in 1887 are still in use today, and there have been warnings that some of the older installations are getting positively dangerous. The galleries and glazed roof sections of the chemistry building

are weak, and the maze of ancient piping that brings electricity, gas, and water through the labs has been described as a plumber's nightmare.

This has evidently not affected the work of the Institute, and Dr. Monod himself carried out most of his Nobel prizewinning research in an attic. But, as Mr. Perrier points out, there must finally be an end to improvisation. If the Pasteur tradition of scientific achievement is to be maintained, the research staff must have buildings and equipment adapted to modern needs. Room must also be found for a projected 20 per cent increase in research staff, particularly in the departments of immunology and virology.

According to staff consensus, there are only two solutions—either to tear down and rebuild on the present site, or pull out of Paris altogether.

Some Want Mediterranean Site

For some of the younger scientists, nostalgic for the academic centers of the U.S. West Coast, this would be a good time to create a French Berkeley or Stanford on the Mediterranean. Why not put the Pasteur Institute down near Antibes, for example, and use it as a magnet to draw other research centers away from the domination of Paris?

But in the eyes of the Institute's governing board, such concepts are *folksy*, a word that for the French has come to signify anything impractical. Some powerful staffmen, including Monod's co-Nobelist Dr. Francois Jacob, want to demolish and rebuild on the Paris site. They point out that it is hallowed ground, with Pasteur's apartment and his tomb part of the central building. Furthermore, it is close to all the main Paris hospitals, which facilitates research contacts and training.

Architects retained by the Institute estimate that the work would take at least six years, would cost some 150,000,000 francs (about \$30,000,000), and create huge difficulties in maintaining research activities. Considerations of this kind are already holding up the construction of a new department of immunology, for which the Institute received a donation of 10,000,000 francs from the Rayne Foundation in London in 1971.

Monod Would Rebuild at Garches

Dr. Monod's idea is that the Institute should sell its real estate, which he calculates is worth 220-240,000,000 francs. He would use 150-160,000,000 to rebuild at Garches, a location 10 miles outside Paris where the Institute already has some buildings. There would still be enough left over to wipe out the debt burden, calculated to reach around 70,000,000 by 1977.

For some, the idea hints of sacrifice. But Dr. Monod points out that in fact Pasteur died at Garches, and a Pasteur museum could be constructed there. To objections that it is outside the city, he answers that it is only 10 miles away. In any case, the Pasteur vaccination center would remain in Paris, for practical reasons, and could be the nucleus for a Pasteur memorial.

There are still some snags. "We cannot be certain that the Paris City



Pasteur in his laboratory.

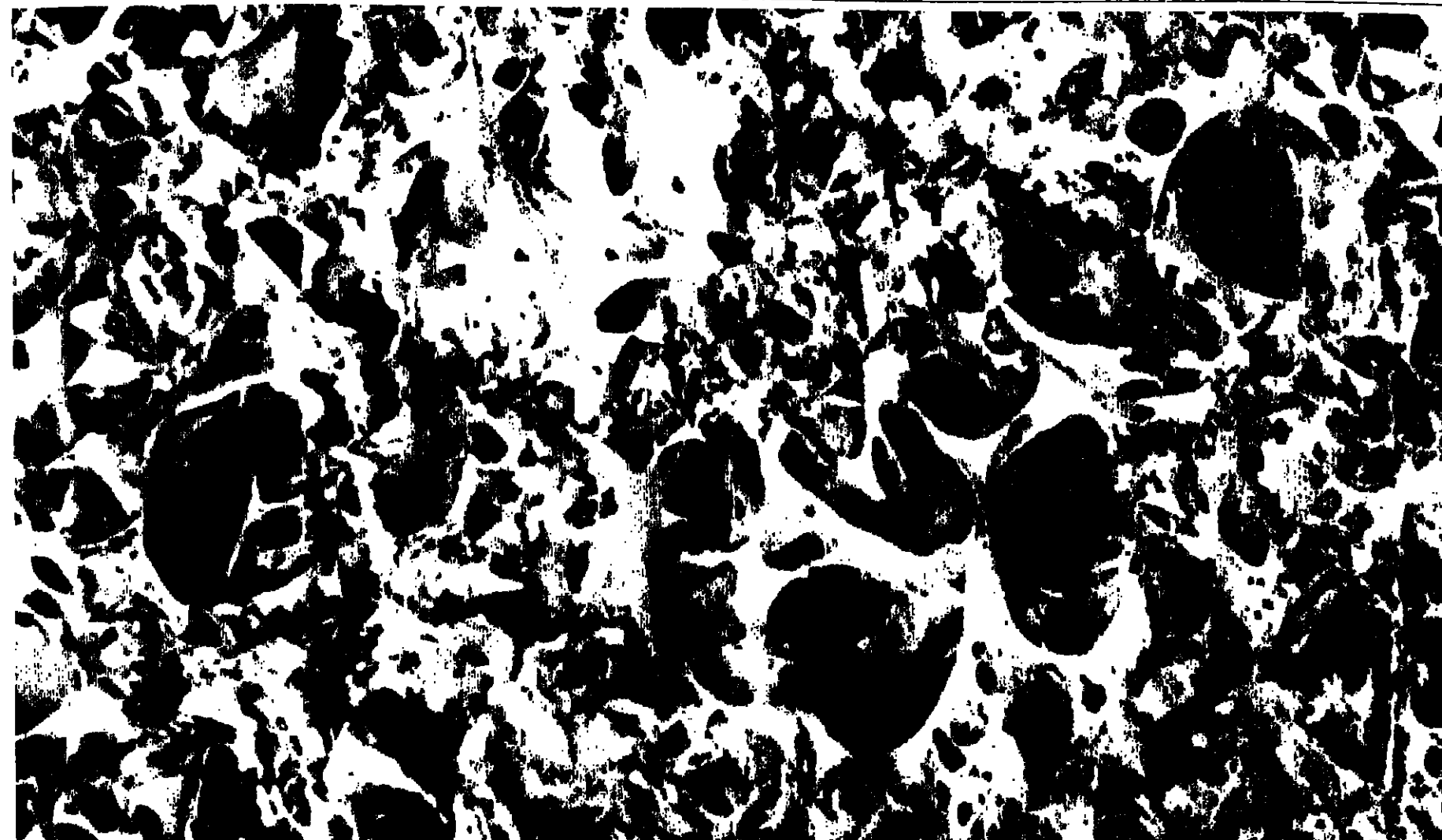
Council will allow rebuilding on site if we sold it," Mr. Perrier objects. "They might insist on making it green space, with the Pasteur house the center. If that was their desire the real estate would fall to a value of only about 60-80,000,000 francs and we would still face major financial difficulties."

Another drawback is that the site at Garches does not belong to the Institute. It is in fact on loan from the Ministry of Education (an arrangement made with Pasteur in 1884), official permission might not be forthcoming for construction on the site.

Dr. Monod submitted his plan to the governing board of the Institute last October, and although they did not give the green light, they authorized him to give it further study and to seek more information. No one so far has come up with an alternative, short of huge subsidy from the Government.



Germs-free mouse raised at the Institute.



Portion of normal human lung shown by scanning electron microscope.

Emphysema—Fastest Growing Cause of Death

EMPHYSEMA, the most rapidly increasing cause of death in the United States, is now the third leading cause of death from respiratory disease. Emphysema takes many forms. When considered together with chronic bronchitis, the two are referred to as chronic obstructive pulmonary disease. Both emphysema and chronic bronchitis produce breathlessness, cough, and increased susceptibility to respiratory failure and death. Chronic obstructive pulmonary disease attacks middle-aged men and women and is particularly common in smokers. It is now believed that early abnormalities (physiologic and biochemical) related to em-

physema and chronic bronchitis may be detected at a stage when lung damage is still reversible.

A new and promising method—measurement of closing volume—has been developed for the early detection of changes in lung function and structure that appear to be the first signs of chronic pulmonary disease. It is presently believed that in persons with abnormal closing volume measurements but with otherwise normal lung function tests, the progression of disease may be reversed and disability prevented with proper treatment and the cessation of smoking.

Human lung with emphysema.



WHO Aide Offers Rapid, Easy Way To Gauge Libido

Medical Tribune World Service

MEXICO CITY—A rapid, uncomplicated method for "measuring" libido as part of the assessment of systems of fertility regulation was suggested here at the Fourth International Congress of Hormonal Steroids.

"Until now," said Dr. Patrick Rowe, medical officer, Human Reproduction Unit, World Health Organization, "we have not found any satisfactory means of accomplishing this necessary task even though scientists in the behavioral field, particularly those in the WHO-sponsored programs in various parts of the world, are developing improved methods, mainly in the form of questionnaires, for evaluating possible changes in sexuality."

"I must admit to a modicum of squeamishness in proposing that centimeters be the measure for quantifying something like libido, but it might work and I would like to see someone try it."

The system is a direct transposition to libido of one that has already proved successful in assessing depression, the Aitkin Personality Self-Rating Scale, he said.

Cards Marked Daily

The subject is supplied with a batch of cards, each of which has a line 10 cm. long on it. At one extreme the words, "The Sexiest I Have Ever Felt," appear, and at the other, "The Least Sexy I Have Ever Felt," or the appropriate local equivalent where the test is being conducted. Each day the person makes a mark on the line at the point which is considered to correspond to his or her sexual desire.

The card is then immediately deposited in a box provided for the purpose, and the box collected at the end of a designated period. The distance along the line to the point where the mark is made is measured and tabulated. The investigator is then able to see over a course of treatment whether there is an upward or downward trend or no change.

"Assessment of libido is, of course, a very tenuous matter," Dr. Rowe commented. "Although theoretical designs for controlled studies in the area exist, they provide large scope for the imagination but little practical application. One investigator obtained reports of sharp changes in libido in a group of subjects upon varying the color of the pill being administered. The card system will eliminate investigator bias and to a large degree the subject's embarrassment, inhibition, or whatever reaction might distort reality."

Greek Aid on Grafts Urged

Medical Tribune World Service

ATHENS—The adoption of special legislation to facilitate use of cadaveric kidneys was urged here by Dr. Anthony Billis, Associate Professor at Athens University. He said the percentage of kidney transplants using cadaveric donors is only 35 per cent in Greece and is dropping.

"It should be emphasized...that most patients tolerate guanethidine with minimal side effects, when dosage adjustment is carefully managed."

1. Frels ED: The Modern Management of Hypertension. US Government Printing Office, 1973, pp 13-14.

when hypertension threatens to outrun control

"It should be emphasized...that most patients tolerate guanethidine with minimal side effects, when dosage adjustment is carefully managed."

Often, some of the side effects associated with such drugs as the ganglionic blockers can be avoided by substituting a little Ismelin in the treatment of moderate hypertension.

Because guanethidine is perhaps the most effective antihypertensive agent ever available, Ismelin usually brings blood pressure down to stay. And Ismelin produces no parasympatholytic effects. Further, when used with thiazides, the required addition may be low.

Of course, whenever Ismelin is added to other antihypertensives, initial doses should be small, and increased gradually by small increments.

ments. Once blood pressure control is achieved, all drug dosages should be reduced to lowest effective level, often minimizing side effects.

Patients should be warned about the potential hazards of orthostatic hypotension, and cautioned to avoid sudden or prolonged standing or exercise.

A little extra patient cooperation may be required.

But may well be worth it—for the extra protection Ismelin offers against the dangers of uncontrolled hypertension.

References:
1. Frels ED: The Modern Management of Hypertension. US Government Printing Office, 1973, pp 13-14.
2. Bress AN: Hypertension. In Conn HF (ed): Current Therapy. Philadelphia, WB Saunders Co, 1974, 204.
3. Gilmore HW Jr: Drugs for arterial hypertension. In Modell W (ed): Drugs of Choice. 1972, 1973. St. Louis, The CV Mosby Co, 1972, pp 366-368.

Ismelin® sulfate

(guanethidine sulfate)

INDICATIONS: Moderate and severe hypertension either alone or as an adjunct.

CONTRAINDICATIONS: Known or suspected pheochromocytoma; hypersensitivity; bradycardia; heart failure not due to hypertension; patients taking MAO inhibitors.

WARNINGS: Ismelin is a potent drug and can lead to disturbing and serious clinical effects. Physicians should be familiar with the details of its use before prescribing, and patients should be warned not to deviate from instructions.

Warn patients about the potential hazard of orthostatic hypotension, which can occur frequently and is most marked in the morning and is accentuated by hot weather, alcohol, or exercise. To help prevent dizziness, warn patients to sit or lie down with head of legs raised or weakness, which may be particularly bothersome during the initial period of dosage adjustment and with other antihypertensives. The potential occurrence of these symptoms may require alteration of previous daily activity. Caution patients to avoid sudden or prolonged standing or exercise while taking the drug.



add a little

Ismelin® sulfate
(guanethidine sulfate)

...because the goal is 140/90

Concurrent use with rauwolfia derivatives may cause excessive postural hypotension, bradycardia, and mental depression.

If possible, withdraw therapy 2 weeks prior to surgery to reduce the possibility of vascular collapse and cardiac arrest during anesthesia. If emergency surgery is indicated, administer pre-reduced dosage and have oxygen, atropine, vasopressors, and IV solutions ready for immediate use to treat vascular collapse. Vasopressors should be used with extreme caution in patients on Ismelin because of the possibility of supraventricular and the greater propensity for cardiac arrhythmias.

Dosage requirements may be reduced in presence of fever. Exercise special care when treating patients with a history of bronchial asthma, since their condition may be aggravated. Use in Pregnancy: The safety of Ismelin for use in pregnancy has not been established; therefore, this drug should be used in pregnant patients only when, in the judgment of the physician, its use is deemed essential to the welfare of the patient.

PRECAUTIONS: The effects of guanethidine are cumulative over long periods; initial dose should be small and increased gradually in small increments. Use very cautiously in hypotensive patients with renal disease and nitrogen retention or rising BUN levels; coronary disease with insulin-

ciency or recent myocardial infarction; cerebral vascular disease, especially with encephalopathy. Do not give Ismelin to patients with severe cardiac failure except with extreme caution. In incipient cardiac decompensation weight gain and edema may be averted by the administration of a diuretic. Remember that both digitalis and Ismelin slow the heart rate.

Peptic ulcers or other chronic disorders may be aggravated by a relative increase in parasympathetic tone. Amphetamine-like compounds, stimulants (eg, ephedrine, methylphenidate), tricyclic antidepressants (eg, amitriptyline, imipramine, desipramine), and other psychopharmacologic agents (eg, phenothiazines and related compounds), and oral contraceptives may reduce the hypotensive effect of guanethidine. Discontinue MAO inhibitors for at least one week before starting Ismelin.

ADVERSE REACTIONS: Frequent reactions due to sympatholytic blockade—dizziness, weakness, lassitude, syncope. Frequent reactions due to unopposed parasympathetic activity—bradycardia, increase in bowel movements, diarrhea (may be severe and necessitate discontinuance of the drug). Other common reactions—inhibition of ejaculation, fluid retention, edema, congestive heart failure. Other less common reactions—dyspnea, fatigue, nausea, vomiting, nocturia, urinary incontinence, dermatitis, scalp hair loss, dry mouth, rise in BUN, pitting of the feet, blue-

ring of vision, parotid tenderness, myalgia, muscle tremor, mental depression, chest pain (anginal), chest parasthesias, nasal congestion, weight gain, and asthma in susceptible individuals. Although a causal relationship has not been established, a few instances of anemia, thrombocytopenia and leukopenia have been reported. DOSAGE AND ADMINISTRATION: Initial dosage should be low and increased gradually by small increments.

Before starting therapy, consult complete product literature.
HOW SUPPLIED: Tablets, 10 mg (pale yellow, scored) and 25 mg (white, scored); bottles of 100 and 1000.

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C I B A

Tribune Economic Analysis



Dollar Anxieties Inhibit Foreign Buying of Stocks

By ELIOT JANEWAY
Contributing Editor

Foreign buying is the only alternative to a resurgence of popular mass participation in the stock market. Consequently, the bet that the Dow Industrial average will make it back above 800 is hinging on the calculation that stock prices are already high enough for the foreigners to jump in and give them an added whirl for the last mile.

However, one very specific consideration plaguing foreign speculators is new anxiety about the dollar.

Huge Treasury Borrowings

The European foreign exchange markets have been agog over the dollar inflating the borrowing needs of the U. S. Treasury for the next 18 months. To be sure, Europe is not yet aware that the Treasury's money-raising operation will force it to borrow over \$125 billion in the next year and a half. This is a minimum, subject to continuous inflation as fast as spending increases and the slump depresses collections.

The sudden, pronounced weakness of the dollar in Europe stands as a warning that foreign buyers may not be quite as ready to rush into New York stocks. Foreign money players dumping the dollar are not likely to accumulate stocks in Wall Street. Unless they do, 1975's brave new rally will be riding for another hard fall.

Do you have any advice for those of us small-town fellows who bought mutual funds?

Dr. M. M., Maine

If they're well managed, stick with them and buy more for the long pull. That's the only way mutual funds ever pay off, and they do for those with the means and the patience to continue accumulating them on the way down.

The fund managements which pass muster never put on a flashy performance in any year of speculative exuberance, but were always content to run a comfortable second. If it's any comfort to you, the well managed funds have always continued to grow through bad markets.

Before the end of the year, I have to make a decision about my Keogh funds. I am thinking about a mutual fund. I am in my early fifties and will have about \$6,500 to invest. Any advice or suggestions would be appreciated.

G. A., M.D. Louisiana

I think Keogh funds are suitable for investors in your circumstances. However, my suggestion as to selectivity is that you choose income funds whose dividends you can compound rather than funds oriented toward growth and therefore involving speculation in volatile stocks while limiting income returns.

One Man...and Medicine

ARTHUR M. SACKLER, M.D.,
International Publisher, Medical Tribune



The Vicissitudes of the Pasteur Institute

ON MY FIRST TRIP to France in 1949, I made a pilgrimage to the birthplace of Claude Bernard. I was moved to establish it as a shrine to the mind of man, scientific meetings and in personal contacts I've met so many great French scientists that I became a scientific Francophile. Today, it is with deep sadness that one observes the vicissitudes of the organization which commemorates the achievements of another of France's and one of the world's greatest scientists, the Pasteur Institute.

The founding of the Pasteur Institute came upon a wave of public appreciation for a pioneering social and scientific philosophy. For Pasteur, service to industry in the manufacture of wine and vinegar, the salvage of sericulture and aid to farmers to protect their flocks against anthrax and chicken cholera were not simple, menial commercial tasks but scientific levers of opportunity in the contest between the "forces of destruction" and those of "peace, work and health."

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Since its founding, following Pasteur's appeal at a meeting of the French National Academy for an independent institute, the Pasteur Institute's activities have exemplified its founder's credo that science should be independent of bureaucracy, governmental or educational, and that there is no dichotomy between basic and pure research but that fundamental medical investigations must be inextricably linked with the practical task of the conquest of disease. As a result, a unique scientific institute evolved on what is now an historic thirteen-acre site in Paris. Here, on the Left Bank, a staff of over 2,000 carry on research at the highest levels, run a hundred-bed hospital and in their laboratories and hundred thousand volume science library give post-graduate training to over 300 fellows from throughout the world. The Institute is much more than a simple memorial to a great scientist, more than a museum housing Pasteur's notebooks, his original laboratory and even his living quarters over it. It is more than a scientific shrine in which a great scientist is entombed in its mar-

ble and onyx memorial chapel protected by the mosaic angels—Science, Faith, Hope and Charity.

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The Pasteur Institute has been permeated not only by the physical "presence" of its founder and his laboratory but more importantly by his philosophy. That the eminent researchers who are Pasteur's scientific heirs have added most significantly to the Institute's and France's scientific glory is reflected in the Nobel prizes awarded to eight of them.

Pasteur's Chief Today

Today, the Pasteur Institute is appropriately headed by a man in Pasteur's own mold—Nobel laureate Jacques Monod, scientist, brilliant philosophic activist, and author. I always find Monod as charming as he is fascinating and a most thoughtful and considerate host. His gentle manner cloaks a probing, ranging mind.

This handsome, young 63-year-old biologist is relaxed and very much at home in his beautiful Paris apartment; as comfortable in expressing himself in music, and the arts, both European and Oriental, as in technical discussions, and as frank and candid in examining the current problems of the

EPIGRAMS—Clinical and Otherwise

No physician, insofar as he is a physician, considers his own good in what he prescribes, but the good of his patient; for the true physician is also a ruler having the human body as a subject, and is not a mere money-maker.

Plato (c. 428-348 B.C.),
The Republic

Institute as the most blunt industrial executive.

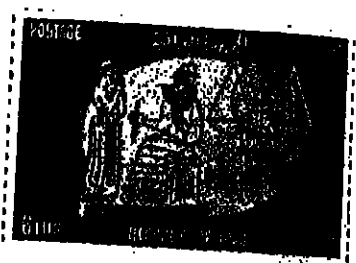
Jacques Monod forthrightly faces a tragic irony. At a time of epochal achievement and upon the verge of major breakthroughs, the fiscal viability and therefore the independence of the Pasteur Institute is being sapped. It is a bad time. The "guardian angels" of Pasteur's memory can provide little help. Science confronts a growing anti-science. Hope becomes hostage to fear and both Faith and Charity are derrogated by men of little faith and less charity.

The survival of the Pasteur Institute and its rebuilding, its independence from governmental bureaucracy and its continuing ability to put basic sciences at the service of man now rest in the hands of one man. The director of the Institute is, in his genius and intelligence, in his boldness and innovation, in his basic philosophy and his ability to articulate it, a worthy heir to the man who gave his name to what has become a glory of France and of the world of science.

Next week One Man and Medicine will explore the philosophy of the Institute and how changing times threaten it, and some of the thinking behind the plans for its preservation.

Medicine on Stamps

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Probably the earliest record of ocular therapeutics is to be found in the Babylonian Code of Hammurabi (ca 1900 B.C.) in which there are indications of legal establishment of fees and of punishment for mal-treatment or failure to cure. For example, for the successful removal of an abscess the doctor was paid 10 shekels of silver. If he destroyed the eye during the operation he could lose his fingers.

Text: Dr. Joseph E. Stamp; Minkus Publications, Inc., New York

US Drug Approval System Repressive, Says Lasagna

Medical Tribune World Service

TORONTO—The system of drug approval in United States is overstructured and overly repressive, Dr. Louis Lasagna, Professor of Pharmacology and Toxicology, School of Medicine and Dentistry, University of Rochester, told an international conference here on "Prescription Drugs and the Patient's Health."

"The drug approving agencies lag dreadfully behind the practicing physician," he said. "We find drugs being used—and quite properly—for uses not intended at time of initial approval. Our system suffers from inability to validate clinical experience of the more usual type—the experience of the clinician weighs so little in the scale. Physicians to be sure are not always right, but they are not always wrong. We should be able to use their clinical experience better than we are now doing."

Dr. Lasagna said the bulk of adverse reactions are not from new drugs, but from older, well established drugs which are not promoted with great zest by the drug industry.

Among problems to be solved, he said, are the questions of how much evidence is enough, who shall judge the evidence, and the need to define safety and efficacy properly.

"We should make better use of foreign data. There is no need to repeat animal experiments, to go on endlessly butchering mice, rabbits, cats and dogs in country after country."

He said a new drug cannot be tested properly before marketing. "Before marketing it is studied by experts, usually working on homogenous populations, often in patients, with a minimum of other drugs in the act, and then when the drug is released it is suddenly used by non-experts in a heterogeneous population, often in out-

patients with other drugs in the act." He stressed the need to formalize post-marketing surveillance. "If we can guarantee post-marketing surveillance of high quality, then we can argue quite rationally for a speedier approval of drugs." He also argued that drug education is inadequate. "I find that our patients in Rochester are quite interested in getting information on drugs from either the doctor or pharmacist, or from labels or specific inserts for patients."

Dr. Lasagna said drug information should be declassified and the decision-making process on approvals opened to scrutiny.

"In the United States, one of the big troubles for most of us is that the interaction between industrial sponsors and the federal bureaucrats goes on behind closed doors. We hear from one side or the other about deficiencies on the other side, but it is impossible for us to make any judgments as to whether the bureaucrats are right and the industrialist wrong, or vice versa."

The Right to Prescribe

► Since doctors are morally and legally responsible for any prescriptions they write for patients, they should have unfettered rights to prescribe drugs of their choice, said Dr. Belle Stephenson, Toronto, president of the Canadian Medical Association, and a general practitioner in a Toronto suburb.

Dr. Stephenson said family physicians in Canada write two-thirds of all prescriptions and only a minority are prescribing in an irresponsible way. She called for surveillance by provincial licensing bodies of any physicians suspected of this practice and for strict disciplinary measures where it is proven.

Ritalin® hydrochloride (methylphenidate hydrochloride)

INDICATION

Minimal Brain Dysfunction in Children —as adjunctive therapy to other remedial measures (psychological, educational, social).
Special Diagnostic Considerations: Specific etiology of Minimal Brain Dysfunction (MBD) is unknown, and there is no single diagnostic test. Adequate

diagnosis requires the use not only of medical but of special psychological, educational, and social resources. Characteristics commonly reported include: chronic history of short attention span, distractibility, emotional lability, impulsivity, and moderate to severe hyperactivity; minor neurological signs may not be impaired. The diagnosis of MBD must be based upon a complete history and evaluation of the child and not solely on the presence of one or more of these characteristics.

Drug treatment is not indicated for all children with MBD. Stimulants are not intended for use in the child who exhibits symptoms secondary to environmental factors and/or primary psychiatric disorders, including psychoses. Appropriate educational placement is essential and psychosocial intervention is generally necessary. When remedial measures alone are insufficient, the decision to prescribe stimulant medication will depend upon the physician's assessment of the chronicity and severity of the child's symptoms.

CONTRAINDICATIONS

Marked anxiety, tension, and agitation, since Ritalin may aggravate these symptoms. Also contraindicated in patients known to be hypersensitive to the drug and in patients with glaucoma.
WARNINGS: Ritalin should not be used in children under six years, since safety and efficacy in this age group have not been established. Sufficient data on safety and efficacy of long-term use of Ritalin in children with minimal brain dysfunction are not yet

available. Although a causal relationship has not been established, suppression of growth (ie, weight gain and/or height) has been reported in patients of children requiring long-term therapy. Ritalin should not be used in severe depression of either exogenous or endogenous origin or for the prevention of normal fatigue state.
Ritalin may lower the convulsive threshold in patients with or without prior seizures, with or without prior EEG abnormalities, even in absence of seizures and concomitant use of anticonvulsants and Ritalin has not been established. If seizures occur, Ritalin should be discontinued.
Use cautiously in patients with hypertension. Blood pressure should be monitored at appropriate intervals in all patients taking Ritalin, especially those with hypertension.
Drug Interactions: Ritalin may decrease the hypotensive effect of guanethidine. Use cautiously with pressor agents and MAO inhibitors. Ritalin may inhibit the metabolism of coumarin anticoagulants, anticonvulsants (phenytoin, carbamazepine, phenobarbital, diphenhydantoin, primidone), phenylbutazone, and tricyclic antidepressants (imipramine, desipramine). Downward dosage adjustments of these drugs may be required when given concomitantly with Ritalin.
Usage in Pregnancy: Adequate animal reproduction studies to establish safe use of Ritalin during pregnancy have not been conducted. Therefore, until more information is available, Ritalin should not be prescribed for women of childbearing age unless, in the opinion of the physician, the potential benefits outweigh the possible risks.

Drug Dependence: Ritalin should be given cautiously to emotionally unstable patients, such as those with a history of drug dependence or alcoholism, because such patients may increase dosage on their own initiative.
Chronic abuse of Ritalin may lead to marked tolerance and psychic dependence with varying degrees of abnormal behavior. Frank psychotic episodes can occur, especially with parental abuse. Careful supervision is required during drug withdrawal, since severe depression as well as the effects of chronic over-activity can be unmasked. Long-term follow-up may be required because of the patient's basic personality disturbances.

PRECAUTIONS: Patients with an element of agitation may react adversely; discontinue therapy if necessary.
Periodic ECG, differential, and platelet counts are advised during prolonged therapy.
ADVERSE REACTIONS: Nervousness and insomnia are the most common adverse reactions but are usually controlled by reducing dosage and omitting the drug in the afternoon or evening. Other reactions include: hyperactivity (including tics, irritability, fever, arthralgia, exfoliative dermatitis, erythema multiforme with histopathological findings of necrotic vasculitis, and thrombocytopenic purpura); anorexia; nausea; dizziness; palpitations; headaches; dryness; convulsions; blood pressure and pulse changes, both up and down; tachycardia; angina; cardiac arrhythmias; abnormal penicillin test; loss during prolonged therapy. Toxic psychosis has been reported. Although a definite causal relationship has not been established, the following have been reported in patients taking this drug: leukopenia and/or anemia; a few instances of scalp hair loss.
In children, loss of appetite, abdominal pain, weight loss during prolonged therapy, insomnia, and tachycardia may occur more frequently; however, any of the other adverse reactions listed above may also occur.

DOSE AND ADMINISTRATION: Children with Minimal Brain Dysfunction (6 years and over): Start with small doses (eg, 5 mg before breakfast and lunch) with gradual increments of 5 to 10 mg weekly. Daily dosage above 60 mg must not be exceeded. If improvement is not observed after appropriate dosage adjustment over a one-month period, the drug should be discontinued.
If paradoxical aggravation of symptoms or other adverse effects occur, reduce dosage, or, if necessary, discontinue the drug.
Ritalin should be periodically discontinued to assess the child's condition. Improvement may be sustained when the drug is either temporarily or permanently discontinued.
Drug treatment should not and need not be indefinite and usually may be discontinued after puberty.
HOW SUPPLIED: Tablets, 20 mg (pale yellow); bottles of 100 and 1000.
Tablets, 10 mg (pale green, scored); bottles of 100, 500, 1000 and Accu-pak blister units of 100.
Tablets, 5 mg (pale yellow); bottles of 100, 500, and 1000.
Consult complete product literature before prescribing.

References: (1) Knobel M, Arch Gen Psychiatry 6:196-202, 1952. (2) Wright RM, Hinton GD, J Nerv Ment Dis 148: 643-653, 1960. (3) Crasager J, J Child Psychol Psychiatr 10:253-258, 1967. (4) Jervell JA, Paper presented at the Annual Meeting of the American Psychiatric Association, Boston, 1972. (5) Jervell JA, J Child Psychol Psychiatr 13:171-185, 1972. (6) Connors CK, Pediatrics 48:702-708, 1972. (7) Jervell JA, NY State J Med 10:258-260, 1972.

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May enhance other remedial efforts in treating MBD

ONLY WHEN MEDICATION IS INDICATED

Ritalin® (methylphenidate)



Ritalin...of proven value when used as part of a complete therapeutic and remedial MBD program.

More than a decade of clinical experience shows that Ritalin helps improve ratings of behavior, attentiveness, performance IQ, motor control, and speech productivity in children with Minimal Brain Dysfunction (MBD).^{*}

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"stabilization" even without chemotherapy, permitting a reduction in dosage and eventual discontinuance of drug therapy.

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CIBA

One Man...and Medicine

ARTHUR M. SACKLER, M.D.,
International Publisher, Medical Tribune



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Stamp: Minkus Publications, Inc., New York

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Ritalin® hydrochloride C
(methylphenidate hydrochloride)

TABULETS

INDICATION
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Special Diagnostic Considerations
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diagnosis requires the use not only of medical but of special psychological, educational, and social resources. Characteristics commonly reported include: chronic history of short attention span, distractibility, emotional lability, impulsivity, and moderate to severe hyperactivity; minor neurological signs and abnormal EEG. Learning may or may not be impaired. The diagnosis of MBD must be based upon a complete history and evaluation of the child and not solely on the presence of one or more of these characteristics.

Drug treatment is not indicated for all children with MBD. Stimulants are not intended for use in the child who exhibits symptoms secondary to environmental factors and/or primary psychiatric disorders, including psychosis. Appropriate educational placement, essential and psychosocial intervention is generally necessary. When remedial measures alone are insufficient, the decision to prescribe stimulant medication will depend upon the physician's assessment of the chronicity and severity of the child's symptoms.

CONTRAINDICATIONS

Marked anxiety, tension, and agitation, since Ritalin may aggravate these symptoms. Also contraindicated in patients known to be hypersensitive to the drug and in patients with glaucoma.

Ritalin should not be used in children under six years, since safety and efficacy in this age group have not been established. Sufficient data on safety and efficacy of long-term use of Ritalin in children with minimal brain dysfunction are not available.

Ritalin may lower the convulsive threshold in patients with or without prior seizures; with or without prior EEG abnormalities, even in absence of seizures. Safe concomitant use of anticonvulsants and Ritalin has not been established. If seizures occur, Ritalin should be discontinued.

Use cautiously in patients with hypertension. Blood pressure should be monitored at appropriate intervals in all patients taking Ritalin, especially those with hypertension.

Drug Interactions
Ritalin may decrease the hypotensive effect of guanethidine. Use cautiously with pressor agents and MAO inhibitors. Ritalin inhibits the metabolism of coumarin anticoagulants, anticonvulsants (phenobarbital, diphenylhydantoin, primidone), phenylbutazone, and tricyclic antidepressants (imipramine, desipramine). Downward dosage adjustments of these drugs may be required when given concomitantly with Ritalin.

Use in Pregnancy
Adequate animal reproduction studies to establish safe use of Ritalin during pregnancy have not been conducted. Therefore, until more information is available, Ritalin should not be prescribed for women of childbearing age unless, in the opinion of the physician, the potential benefits outweigh the possible risks.

Drug Dependence
Ritalin should be given cautiously to emotionally unstable patients, such as those with a history of drug dependence or alcoholism, because such patients may increase dosage on their own initiative. Chronically abusive use can lead to marked tolerance and psychic dependence with varying degrees of abnormal behavior. Frank psychotic episodes can occur, especially with parenteral abuse. Careful supervision is required during chronic use with withdrawal, since severe depression as well as the effects of chronic overactivity can be unmasked. Long-term follow-up may be required because of the patient's basic personality disturbances.

PRECAUTIONS
Patients with a history of agitation may react adversely to discontinuation of therapy. Periodic CBC, differential, and platelet counts are advised during prolonged therapy.

ADVERSE REACTIONS
Nervousness and insomnia are the most common adverse reactions but are usually controlled by reducing dosage and omitting the drug in the afternoon or evening. Other reactions include: hypersensitivity (including skin rash, urticaria, fever, arthralgia, exfoliative dermatitis, erythema multiforme with histopathological findings of necrotizing vasculitis, and thrombocytopenic purpura); anorexia; nausea; dizziness; palpitations; headache; dyskinetic; nervousness; blood pressure and pulse changes, both up and down; tachycardia; angina; cardiac arrhythmias; abdominal pain; weight loss during prolonged therapy. Toxic psychosis has been reported. Although a definite causal relationship has not been established, the following have been reported in patients taking this drug: leukopenia and/or neutropenia; a few instances of scalp hair loss in children; loss of appetite, abdominal pain, weight loss during prolonged therapy. Insomnia and nervousness may occur more frequently, however, any of the other adverse reactions listed above may also occur.

DOSEAGE AND ADMINISTRATION
Children with Minimal Brain Dysfunction (6 years and over):
Start with small doses (eg, 5 mg before breakfast and lunch) with gradual increments of 5 to 10 mg weekly. Daily dosage above 60 mg is not recommended. If improvement is not observed after appropriate dosage adjustment over a one-month period, the drug should be discontinued.

If paradoxical aggravation of symptoms or other adverse effects occur, reduce dosage, or, if necessary, discontinue the drug. Ritalin should be periodically discontinued to assess the child's condition. Improvement may be sustained when the drug is either temporarily or permanently discontinued.

Drug treatment should not be discontinued after prolonged use without medical supervision. If discontinued, the drug should be discontinued gradually over a one-month period, the drug should be discontinued.

HOW SUPPLIED
Tablets, 10 mg (pink, scored); bottles of 100 and 1000.
Tablets, 5 mg (white, unscored); bottles of 100, 500, 1000 and Accu-Pak blister units of 100.
Bottle, 5 mg (100).
Consult complete product literature before prescribing.

References (1) Knobel M, Arch Gen Psychiatry 6:198-202, 1962. (2) Knight R, J Clin Psych 22:1-11, 1962. (3) Creager R, Van Riper C, J Speech Hear Res 10:623-626, 1967. (4) Werry JS, Paper presented at the Annual Meeting of the American Psychiatric Association, Boston, May 12-17, 1968. (5) Conners CK, Pediatrics 49:702-708, 1972. (6) Charlton HW, NY State J Med 16:2058-2060, 1972.

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C I B A

Exceptionally well absorbed oral broad spectrum antibiotic may be taken with meals

Larocin (amoxicillin) achieves high blood and urine levels

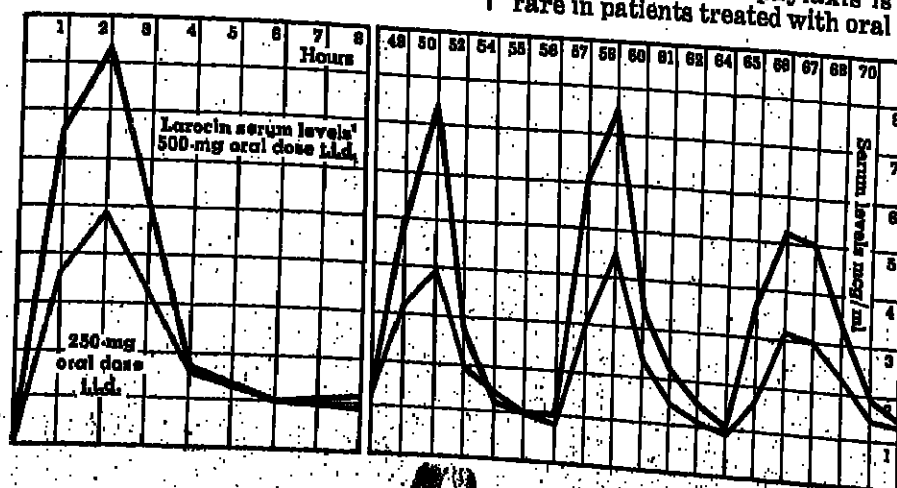
Low incidence of diarrhea to date in clinical studies

NUTLEY, N.J.—Roche Laboratories recently introduced an oral broad spectrum antibiotic: Larocin (amoxicillin). Larocin represents a significant contribution to antibacterial chemotherapy, one which will perform effectively in the treatment of a wide range of infections due to susceptible organisms (see chart at right).

Absorption called the key

The key pharmacologic characteristic of Larocin (amoxicillin) is its rapid and efficient absorption from the gastrointestinal tract. Not only is it stable in stomach acid, but the presence of food has no significant effect on the antibiotic's absorption. Thus Larocin may be taken by patients on a convenient t.i.d. schedule without regard to meals. The re-constituted oral suspension and pediatric drops may be added to liquids such as formula, milk, fruit juice or soft drinks for easy administration to small children.

Because of its efficient absorption characteristics, high blood and urine levels of Larocin (amoxicillin) are rapidly achieved. Peak serum levels average 4.2 mcg/ml two hours after a single 250-mg oral dose and 7.5 mcg/ml one hour after a single 500-mg oral dose—both levels approximately twice as high as those obtained with equal doses of ampicillin.^{1,2}



On a multiple-dose regimen, when given every eight hours for 8 days, the lowest mean serum levels of Larocin approximated 1.0 mcg/ml after 250 mg and 1.25 mcg/ml after 500 mg.³ Although the therapeutic range of blood levels for the penicillins is not well established, these results demonstrate that blood levels may be expected to remain above the MIC's for all of the nonurinary pathogens susceptible to Larocin when it is administered at clinically recommended doses (see chart below).

Most of Larocin is excreted unchanged in the urine.² Average urinary excretion within 6 to 8 hours after oral administration ranges from 40 to 79% for the 250-mg dose and 59 to 79% for the 500-mg dose.^{1,2}

1. Croydon EAP, Sutherland R: *Antimicrob Agents Chemother*—1970, pp. 427-430, 1971. 2. New HC, Winabell EB: *Antimicrob Agents Chemother*—1970, pp. 423-426, 1971. 3. Data on file, Hoffmann-La Roche Inc., Nutley, New Jersey. 4. Leigh DA: *Curr Med Res Opin* 7:110-113, 1972. 5. Boddy GP, Nance J: *Antimicrob Agents Chemother* 1:368-382, 1972.

Hypersensitivity reactions can occur

As with other penicillins, it is anticipated that adverse reactions to Larocin (amoxicillin) will be largely limited to sensitivity phenomena. While anaphylaxis is rare in patients treated with oral

GRAM-POSITIVE	
Alpha-hemolytic streptococci	
Beta-hemolytic streptococci	
<i>Streptococcus faecalis</i>	
<i>Diplococcus pneumoniae</i>	
Nonpenicillinase-producing staphylococci	
GRAM-NEGATIVE	
<i>Haemophilus influenzae</i>	
<i>Escherichia coli</i>	
<i>Proteus mirabilis</i>	
<i>Neisseria gonorrhoeae</i>	

In vitro bactericidal activity

Note: Because Larocin (amoxicillin) does not resist destruction by penicillinase, it is not effective against penicillinase-producing bacteria such as resistant staphylococci. All strains of *Pseudomonas* and most strains of *Klebsiella* and *Enterobacter* are resistant.

penicillins, the possibility must nevertheless be kept in mind. Larocin is contraindicated in patients with a history of penicillin hypersensitivity. SERIOUS ANAPHYLACTOID REACTIONS REQUIRE IMMEDIATE EMERGENCY TREATMENT (See Warnings section of complete product information, a summary of which appears at right.)

Efficacy demonstrated in many infections

Amoxicillin has been administered successfully to patients with a wide range of commonly seen infections due to susceptible organisms.* Over-all clinical evaluation of amoxicillin therapy was considered a "success" or "improvement" in 1287 of 1850 evaluable cases (89.3%).†

Ages of the 1850 patients studied ranged from under one year to over 80 years. Larocin capsules were administered to 800 patients and oral suspension to the remaining 1050. Dosage of the capsules ranged from 250 mg t.i.d. (the most frequently used dosage) to a single 8-Gm dose for the treatment of acute uncomplicated gonorrhea. Dosage of the oral suspension ranged from 50 mg t.i.d. to 250 mg t.i.d., with 125 mg t.i.d. the most frequent. The majority of patients were treated from seven to 10 days. A breakdown by type of infection follows:

Otitis Media: The pathogens most commonly isolated were *Diplococcus pneumoniae* and *Haemophilus influenzae*. Of 130 cases with this diagnosis, 127 (98%) were rated as a "success" or "improvement" after treatment with Larocin (amoxicillin).

Streptococcal Sore Throat: A success rate of 86% (174 of 202 cases) was observed with Larocin against the responsible pathogen, beta-hemolytic streptococci. The great majority of the 202 patients in this group were children who received the oral suspension.

Other Upper Respiratory Infections: Beta-hemolytic streptococci were the offending organisms for most of the infections in this group, which were diagnosed primarily as pharyngitis, with some cases of tonsillitis and a few cases of sinusitis. A success rate of 82% (66 of 80 cases) was achieved with Larocin.

Lower Respiratory Infections: Treatment with Larocin resulted in "success" or "improvement" in all of the 52 cases in which *Diplococcus pneumoniae* was cultured. *Staphylococcus aureus* was also cultured in 26 of the 98 cases; Larocin showed "success" or "improvement" in 96% (25 of 26 cases). The most common clinical conditions were bronchitis and bronchopneumonia.

Urinary Tract Infections: Cystitis, pyelonephritis and asymptomatic bacteriuria were the most frequent clinical diagnoses in this group. Of the 404 cases evaluated, *Escherichia coli* was cultured in 306 cases and treatment with Larocin resulted in "success" or "improvement" in 284 cases (93%). *Proteus mirabilis* was cultured in 70 patients, with Larocin effective in 67 (96%).

Skin and Soft Tissue Infections: *Staphylococcus aureus* was cultured in 108 cases, with "success" or "improvement" in 104 (96%); while beta-hemolytic streptococci were cultured in 99 cases, with "success" in 97 (98%). Impetigo and abscess were the most frequent diagnoses.

Gonorrhea: Administered as a single 8-Gm oral dose, Larocin showed a success rate of 97% in both males (85 of 88 cases) and females (114 of 118 cases).

*Data on file, Hoffmann-La Roche Inc., Nutley, New Jersey 07110. †"Success" or "improvement" was determined by a combination of clinical and bacteriological criteria. In infections due to beta-hemolytic streptococci and *N. gonorrhoeae*, only successes were included.

Low incidence of side effects reported to date

During the clinical investigations with amoxicillin, all cases treated were evaluated for side effects. No side effects or laboratory abnormalities which would be considered unusual for a penicillin derivative were reported by any of the investigators.

In 2658 total courses of therapy with amoxicillin, therapy was discontinued in only 52 patients

Drug-Related Side Effects Associated with Amoxicillin

Based upon 2658 courses of therapy: 1811 with the capsules and 847 with the oral suspension.

SIDE EFFECT	CAPSULES		SUSPENSION	
	#	%	#	%
Diarrhea	24	1.3	18	2.1
Rash	24	1.3	17	2.0
Nausea	7	0.3	1	0.1
Urticaria	8	0.4	2	0.2
Moniliasis	7	0.3		
Nausea/Vomiting	3	0.1		
Diarrhea/Nausea	2	0.1	4	0.4
Vomiting	2	0.1		
Dizziness	2	0.1		
Colitis	2	0.1		
Nausea/Headache	2	0.1	1	0.1
Rash/Urticaria	1	0.05		
Esophageal Spasm	1	0.05	1	0.1
Stomachache	1	0.05		
Balching	1	0.05		
Drowsiness	1	0.05		
Balching/Numbness/Tingling/Itching	1	0.05		
Fever/Itching	1	0.05		
Difficult Breathing	1	0.05		
Mucus in Pharynx	1	0.05		
Diarrhea/Urticaria	1	0.05		
Diarrhea/Vomiting	1	0.05	4	0.4
Dizziness/Headache	1	0.05		
Conjunctival Erythema	1	0.05		
G.I. Bleeding	1	0.05		
Abdominal Cramps	1	0.05		
Diarrhea/Rash	1	0.05	1	0.1
Rash/Diarrhea/Vomiting	1	0.05	1	0.1
Sore Tongue	1	0.05	1	0.1
Rash/Vomiting	1	0.05		
TOTAL	102	5.6	52	6.1

(1.9%) because of drug-related side effects. Laboratory abnormalities possibly related to amoxicillin occurred infrequently.

In these studies, there was a low incidence of diarrhea reported with amoxicillin capsules—1.7% or 30 of 1811 patients. Especially noteworthy was the low incidence of diarrhea reported with amoxicillin oral suspension—only 2.8% or 24 of 847 patients, significantly less ($p < 0.05$) than the incidence of diarrhea with ampicillin oral suspension (5.3% or 15 of 282 patients).

In breaking down the over-all incidence of diarrhea by age groups, it was found that in the group from 0 to 1 (newborn and 1-year-old infants), 13 of 108 patients receiving amoxicillin oral

suspension developed diarrhea, for an incidence of 12%. This represents over one-half the total number of diarrhea cases seen in the 847 patients treated with amoxicillin oral suspension.

Throughout each of the remaining age categories, starting from age 2 to 10 and in the general grouping from age 11 to 20, the incidence of diarrhea in patients treated with amoxicillin oral suspension ranges from 2% down to 0 in the older groups. There were few cases of diarrhea beyond the age of six.

The incidence of diarrhea with Larocin (amoxicillin) can therefore be expected to be considerably higher in the newborn and infant age groups than in older children, which is true of all antibiotics.

Usual Adult and Pediatric Dosages

INDICATION	STRAIN ISOLATED	ADULT DOSAGE	PEDIATRIC DOSAGE*
Infections of the ear, nose, throat	Streptococci, pneumococci, nonpenicillinase-producing staphylococci, <i>H. influenzae</i>	250 mg t.i.d.	Oral Suspension: 20 mg/kg/day in divided doses t.i.d. Drops: Under 6 kg (13 lbs): 0.5 ml t.i.d.; 6-8 kg (13-18 lbs): 1 ml t.i.d.
Infections of the lower respiratory tract	Streptococci, pneumococci, nonpenicillinase-producing staphylococci, <i>H. influenzae</i>	500 mg t.i.d.	Oral Suspension: 40 mg/kg/day in divided doses t.i.d. Drops: Under 6 kg (13 lbs): 1 ml t.i.d.; 6-8 kg (13-18 lbs): 2 ml t.i.d.
Infections of the genitourinary tract	<i>E. coli</i> , <i>Proteus mirabilis</i> , <i>Strep. faecalis</i>	250 mg t.i.d.	Oral Suspension: 20 mg/kg/day in divided doses t.i.d. Drops: Under 6 kg (13 lbs): 0.5 ml t.i.d.; 6-8 kg (13-18 lbs): 1 ml t.i.d.
Infections of the skin and soft tissues	Streptococci, susceptible staphylococci and <i>E. coli</i>	250 mg t.i.d.	Oral Suspension: 20 mg/kg/day in divided doses t.i.d. Drops: Under 6 kg (13 lbs): 0.5 ml t.i.d.; 6-8 kg (13-18 lbs): 1 ml t.i.d.
Severe infections, or infections caused by less susceptible organisms		500 mg t.i.d.	Oral Suspension: 40 mg/kg/day in divided doses t.i.d.
Gonorrhea, acute uncomplicated anogenital and urethral infections (males and females)	<i>N. gonorrhoeae</i>	3 grams—single oral dose	

*Note: Children weighing more than 8 kg (18 lbs) should receive the appropriate dose of the Oral Suspension: 125 mg or 250 mg/5 ml. Children weighing more than 20 kg should be dosed according to adult recommendations.

Before prescribing, please consult complete product information, a summary of which follows:

Indications: Infections due to susceptible strains of the following gram-negative organisms: *H. influenzae*, *E. coli*, *P. mirabilis* and *N. gonorrhoeae*; and gram-positive organisms: streptococci (including *Streptococcus faecalis*), *D. pneumoniae* and nonpenicillinase-producing staphylococci. Therapy may be instituted prior to obtaining results from bacteriological and susceptibility studies to determine causative organisms and susceptibility to amoxicillin.

Contraindications: In individuals with history of allergic reaction to penicillins.

WARNINGS: SERIOUS AND OCCASIONALLY FATAL HYPERSENSITIVITY (ANAPHYLACTOID) REACTIONS REPORTED IN PATIENTS ON PENICILLIN THERAPY. ALTHOUGH MORE FREQUENT FOLLOWING PARENTERAL THERAPY, ANAPHYLAXIS HAS OCCURRED IN PATIENTS ON ORAL PENICILLINS. MORE LIKELY IN INDIVIDUALS WITH HISTORY OF SENSITIVITY TO MULTIPLE ALLERGENS. BEFORE THERAPY, INQUIRE CONCERNING PREVIOUS HYPERSENSITIVITY REACTIONS TO PENICILLINS, CEPHALOSPORINS OR OTHER ALLERGENS. IF ALLERGIC REACTION OCCURS, INSTITUTE APPROPRIATE THERAPY AND CONSIDER DISCONTINUANCE OF AMOXICILLIN. SERIOUS ANAPHYLACTOID REACTIONS REQUIRE IMMEDIATE EMERGENCY TREATMENT WITH EPIPHRINE, ADMINISTER OXYGEN, INTRAVENOUS STEROIDS AND AIRWAY MANAGEMENT, INCLUDING INTUBATION, AS INDICATED.

Usage in Pregnancy: Safety in pregnancy not established.

Precautions: As with any potent drug, assess renal, hepatic and hematopoietic function periodically during prolonged therapy. Keep in mind possibility of superinfections with mycotic or bacterial pathogens; if they occur, discontinue drug and/or institute appropriate therapy.

Adverse Reactions: As with other penicillins, untoward reactions will likely be essentially limited to sensitivity phenomena and more likely occur in individuals previously demonstrating penicillin hypersensitivity and those with history of allergy, asthma, hay fever or urticaria. Adverse reactions reported as associated with use of penicillins: Gastrointestinal: Nausea, vomiting, diarrhea. Hypersensitivity Reactions: Erythematous maculopapular rashes, urticaria. NOTE: Urticaria, other skin rashes and

serum sickness-like reactions may be controlled with antihistamines and, if necessary, systemic corticosteroids. Discontinue amoxicillin unless condition is believed to be life-threatening and amenable only to amoxicillin therapy. Liver: Moderate rise in SGOT noted, but significance unknown. Hemie and Lymphatic Systems: Anemia, thrombocytopenia, thrombocytopenic purpura, eosinophilia, leukopenia, agranulocytosis. All are usually reversible on discontinuation of therapy and believed to be hypersensitivity phenomena.

Dosage: Ear, nose, throat, genitourinary tract, skin and soft tissue infections—Adults: 250 mg every 8 hours. Children: 20 mg/kg/day in divided doses every 8 hours; under 6 kg, 0.5 ml of Pediatric Drops every 8 hours; 6-8 kg, 1 ml of Pediatric Drops every 8 hours. Lower respiratory tract infections and severe infections or those caused by less susceptible organisms—Adults: 500 mg every 8 hours. Children: 40 mg/kg/day in divided doses every 8 hours; under 6 kg, 1 ml of Pediatric Drops every 8 hours; 6-8 kg, 2 ml of Pediatric Drops every 8 hours. Gonorrhea (acute uncomplicated anogenital and urethral infections)—Males and females: 3 grams as a single oral dose. NOTE: Children weighing more than 8 kg should receive appropriate dose of oral suspension: 125 mg or 250 mg/5 ml. Children weighing 20 kg or more should be dosed according to adult recommendations.

Note: In gonorrhea with suspected lesion of syphilis, perform dark-field examinations before amoxicillin therapy and monthly serological tests for at least four months. In chronic urinary tract infections, frequent bacteriological and clinical appraisals are necessary. Smaller than recommended doses should not be used. In stubborn infections, several weeks' therapy may be required. Except for gonorrhea, continue treatment for a minimum of 48-72 hours after patient is asymptomatic or bacterial eradication is evidenced. Treat hemolytic streptococcal infections for at least 10 days to prevent acute rheumatic fever or glomerulonephritis.

Supplied: Amoxicillin as the trihydrate: Capsules, 250 mg and 500 mg; oral suspension, 125 mg/5 ml and 250 mg/5 ml; pediatric drops, 50 mg/ml.

Larocin (amoxicillin)

an important contribution to oral broad spectrum antibiotic therapy

ROCHE



'Doctors Often to Blame'**Timely Action Urged in Tay-Sachs Pregnancy**

By MICHAEL HERRING
Medical Tribune Staff

BROOKLYN—"Doctors are often to blame when Tay-Sachs disease is not detected by amniocentesis between the 16th and 22nd weeks of a woman's pregnancy, in time for therapeutic abortion if necessary," Dr. Bruno Volk, director of the Isaac Albert Research Institute of Kingsbrook Jewish Medical Center and Clinical Professor of Pathology, State University of New York, Downstate Medical Center, told MEDICAL TRIBUNE.

Adequate screening of persons of child-bearing age for Tay-Sachs carriers is presently the only way to prevent this incurable, autosomal recessive disease, he said, but it is wholly preventable if doctors are aware of the importance of early prenatal diagnosis.

A Sphingolipidosis Ward

Kingsbrook is still conducting mass screening programs of college students at risk and members of various Jewish organizations in the New York metropolitan area, running the world's only maintenance ward for patients with sphingolipidosis, and continuing its basic research in enzyme-deficiency diseases, despite severe losses in financial support, Dr. Volk reported.

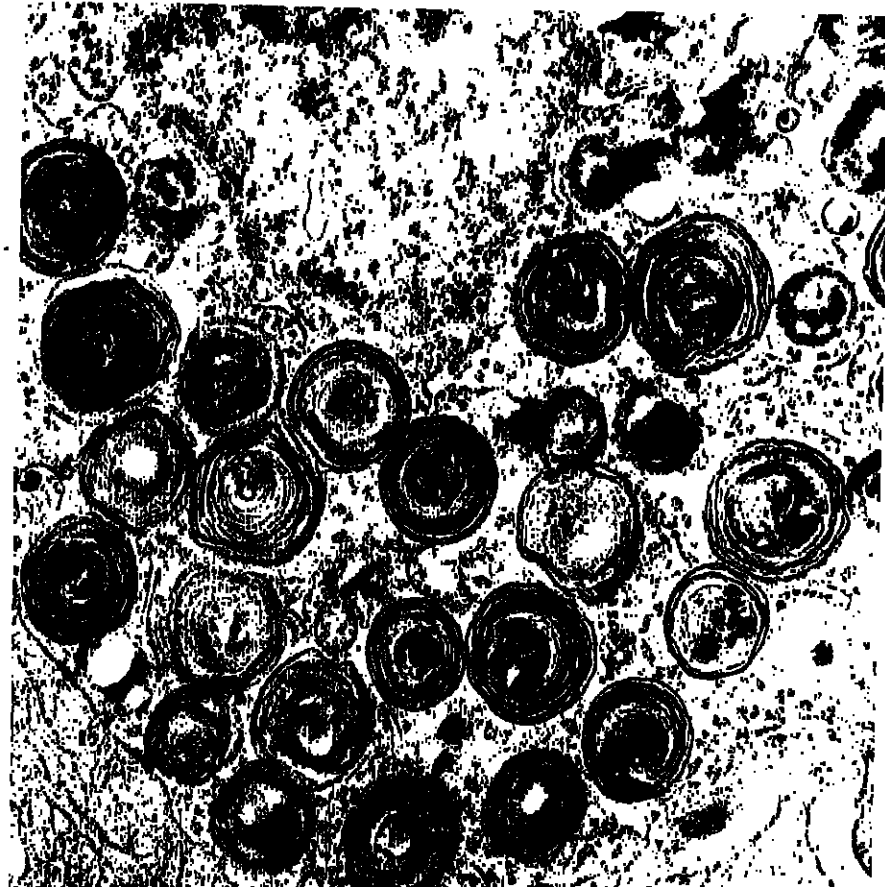
"We lost support from N.I.H. during the Johnson Administration, and this year the Tay-Sachs Foundation has cut its grant by 60 per cent. So we've felt the pinch as badly as everybody else," he said.

Although a "cure" of Tay-Sachs is a long way off in his opinion, Dr. Volk said that a good possibility for it may lie in experiments such as those underway at Kingsbrook with purified hexosaminidase A (Hex A). Lack of this isoenzyme in the amniotic fluid and cells aspirated from the fetus by amniocentesis is a sign that it has Tay-Sachs disease and should cause the parents to strongly consider a therapeutic abortion, he stated. "In some of our experiments, fetal nerve tissue from these abortions was used to see if the missing enzyme Hex A can enter the cells and thereby prevent Tay-Sachs."

Animal Models Studied

In the event that this proves feasible, he added, investigators at Kingsbrook are also studying animal models that may be the counterpart of the gangliosidosis of Tay-Sachs in man, to determine whether replacement of a missing enzyme (not necessarily Hex A) can prevent the disease. "Tay-Sachs in man is caused by the neuronal degeneration of the central nervous system because of progressive intracellular accumulations of excessive amounts of the sphingolipid known as ganglioside G_{M2} . So far we believe that our animal models have a G_{M1} gangliosidosis, a relative of the G_{M2} gangliosidosis in Tay-Sachs, so we don't know how far to extrapolate these findings to the human situation," Dr. Volk said.

"The most important phase of our research to date is still mass screening. The patients at highest risk are Jewish couples when both individuals are of Eastern European origin. If both of these prove to be Tay-Sachs carriers,



Electron micrograph of portion of "ballooned-out" neuron, showing deposited ganglioside in the form of concentric membranous bodies. Lack of isoenzyme hexosaminidase A results in the accumulation.

one child in four could be born with the disease.

"With amniocentesis, we can accurately predict which one of those four is afflicted before it is born. We can also help the woman who has already endured the experience of a previous Tay-Sachs baby and may be suffering severe anxiety that she will have another. When we assure these women that they can have a healthy baby without fear, the relief for them is sometimes unbelievable.

"The birth of a Tay-Sachs child can traumatize an entire family for life," Dr. Volk said. "In addition to the nightmarish experience of watching a healthy-looking infant slowly turn into a vegetable and 'black out,' the expense of caring for a Tay-Sachs patient is a financial sacrifice of the first order—as much as \$50,000 a year for the constant care required. So even

though the overall risk may be small, Tay-Sachs is an overwhelming burden when it occurs. And the chances of this are 100 times as great for Ashkenazi Jews than other Jewish and non-Jewish populations," Dr. Volk explained.

Glycolipids Not Metabolized

"We've already learned that in Tay-Sachs, certain glycolipids are not metabolized due to the lack of Hex A. These substances accumulate in the gangliosides, causing them to 'balloon out' and produce within three to five years psychomotor degeneration characteristic of the disease," he said.

"As many as one out of every 30 Ashkenazi Jews in the United States may be heterozygous for the defect," Kingsbrook, he pointed out, has been active in securing legislation in the city council to see that a pamphlet on Tay-



"Ballooned-out" ganglial cells of the frontal lobe of Tay-Sachs infant show effect of excess amounts of ganglioside G_{M2} . Gradual accumulation of ganglioside eventually leads to neuronal degeneration of C.N.S.

Sachs is available at all marriage license bureaus in the city.

The real responsibility for early detection, Dr. Volk maintained, is on all practicing physicians.

"Until we find a cure, mass screening of high-risk sectors of the population and midtrimester amniocentesis of suspected pregnancies, are the only means we have of dealing with Tay-Sachs, and the only hope for learning more about it," Dr. Volk concluded.

"The explosion of knowledge about the sphingolipidoses in the past ten years has meant remarkable progress in identifying the genetic factors involved.

"With continuing educational programs and publications, we hope to increase medical understanding and awareness of Tay-Sachs disease. I think this is essential to our overall success."



Kingsbrook's special 16-bed ward is said to be only maintenance ward for patients with Tay-Sachs and other sphingolipidoses in the world.

16-OH Steroids in Low-Renin Hypertension

Medical Tribune World Service

MEXICO CITY—A significant role for the 16-hydroxylated compounds in low-renin essential hypertension was suggested here by two teams of U.S. investigators at the Fourth International Congress on Hormonal Steroids.

One group found what was described by Dr. James Melby, Professor of Medicine at Boston University, as a "unique steroid structure and a unique steroid effect." This compound, reported for the first time, was identified by Dr. Sidney L. Dale as 16 alpha, 18-dihydroxy-DOC. Conversion of labeled 18-OH-DOC to the new structure was shown to be greatly accelerated by the adrenal tissue in patients with low-renin essential hypertension. It was found to be secreted in superabundance in this condition.

"Twenty per cent of all hypertensive patients in the United States have low plasma-renin activity," Dr. Melby said, "and findings in them are remarkably similar to those in patients with primary aldosteronism. Knowing, however, that only 1 to 2 per cent actually have primary aldosteronism, we looked for a different steroid structure."

Steroid Antagonists Suggested

Four such patients showed excess 16 alpha, 18-dihydroxy-DOC—which made the investigators think that it could be important in the genesis of suppressed renin in a certain proportion of patients with hypertension because of the unique activity of this steroid, which appears to function as a cooperative or positive allosteric effector of aldosterone. This was thought to be one of the first demonstrations of such an effect.

Clinically, the interpretation of the finding was that in a significant percentage of patients having normal steroid secretion, treatment would be more specific with use of steroid antagonists.

Another new 16-hydroxylated steroid, also excreted in excess in patients

with low-renin essential hypertension, discovered by a group from Vanderbilt University, was described by Dr. Grant Liddle, Professor of Medicine.

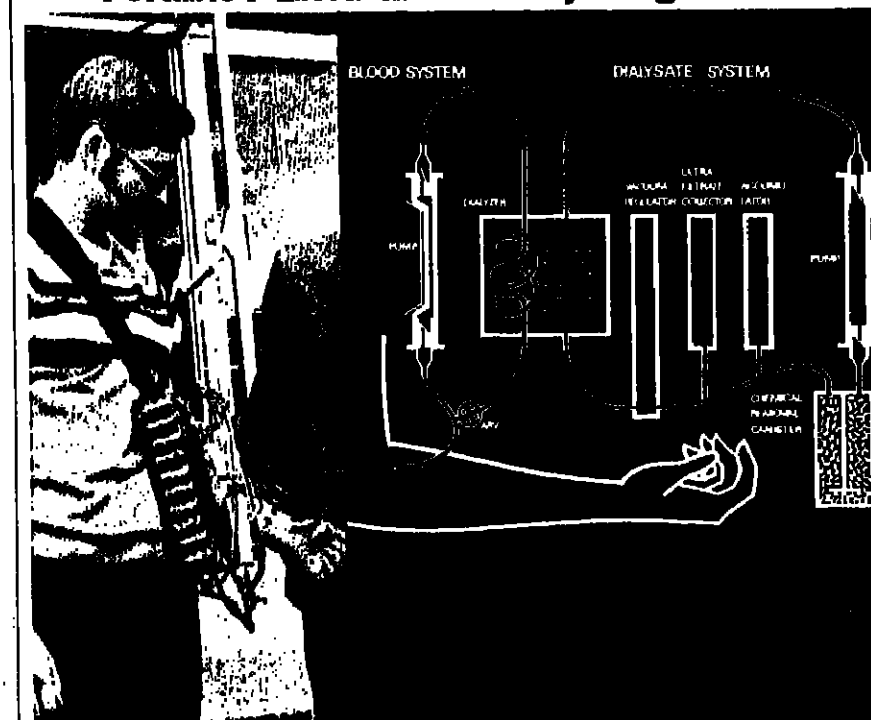
"Patients with low-renin essential hypertension have certain features consistent with excessive mineralocorticoid activity," he explained, "and because known mineralocorticoids are normal in most of those patients, we tried to find an explanation for such activity."

Using adrenalecctomized rats to assay mineralocorticoids, urine extracts from patients with this disorder were found to contain more mineralocorticoid activity than could be accounted for by the known examples contained in the extract.

The unknown substance causing this

unexplained activity was purified and was identified by mass spectral analysis as 16 beta-hydroxydehydroepiandrosterone (16 beta-OH-DHEA). That this steroid is in fact a mineralocorticoid was confirmed by demonstrating that synthetic 16 beta-OH-DHEA has a sodium-retaining capacity one-40th that of aldosterone.

Dr. Liddle found 24-hour urinary excretion of the new mineralocorticoid to be above the normal range in 15 patients with low-renin essential hypertension and in no patients with hypertension who had normally responsive plasma-renin activity. The interpretation of this phenomenon was that 16 beta-OH-DHEA could be a cause of low-renin essential hypertension.

Portable 7-Lb. Artificial Kidney Being Tested

A portable 7-pound artificial kidney is being tested by University of Utah scientists. A patient on this kidney undergoes two hours of dialysis daily. This maintains an even chemical balance in the blood and prevents a waste-product buildup. The patient must also spend one hour with the unit hooked to a 20-L. tank for the removal of urea.

Corticosteroid Prophylaxis Aids Prematures

Medical Tribune World Service

BERLIN—Corticosteroid management during the 32nd week of pregnancy or later has been found to reduce the incidence of hyaline membrane disease considerably in premature infants, Dr. H. Eckert, of Frankfurt University Women's Clinic, told the Seventh German Perinatal Medicine Congress here.

One significant observation, the investigator said, was that corticosteroids specifically bring about an increase in surfactant phospholipid content.

The prophylactic effect of corticosteroids relative to lung maturity in premature infants is more significant for hyaline membrane disease morbidity than mortality, Dr. Eckert said.

In all single births born in the 18 months prior to adoption of corticosteroid prophylaxis at the Frankfurt clinic, the incidence of hyaline membrane disease was classified retrospectively as a function of gestational age and weight at birth.

Before the thirty-second week of pregnancy, incidence was 64 per cent; during the thirty-second to thirty-sixth

weeks inclusive 30 per cent; and after the thirty-sixth week only 0.5 per cent.

Corticosteroid prophylaxis for pregnant women with premature pangs during the latter half of pregnancy, Dr. Eckert said, consists of intravenous administration of 60 mg. 16-methylprednisolone on each of at least three consecutive days. Prior to therapy, amniocentesis is performed to determine the stage of development.

Significant Rise in Lecithin

Dr. Eckert's group has obtained lecithin and creatinine charts and clinical analyses of fetuses after corticosteroid prophylaxis in 42 pregnant women compared with 30 unmanaged controls.

While creatinine did not react appreciably with 16-methylprednisolone stimulation, there was a significant rise in lecithin as a determinant surfactant parameter after three days of corticosteroid management, the investigator said. The more advanced the pregnancy the more pronounced this rise in lecithin level became. Before the thirty-second week of pregnancy none

was observed, from the thirty-second through thirty-sixth weeks it came to 40 per cent and after that to 56 per cent. No rise in lecithin was recorded in the unmanaged controls.

The stimulant effect of corticosteroid on lecithin synthesis was confirmed by animal tests both in vivo and in vitro.

Dr. Eckert described 26 premature births delivered after corticosteroid prophylaxis during the thirty-first through thirty-seventh weeks of pregnancy. The mothers had been given 60 mg. 16-methylprednisolone at least 24 hours and not more than seven days before the delivery. Three premature, two of them before the thirty-second week of pregnancy, developed a typical membrane syndrome despite prophylaxis; in three other premature a previously unobserved form of the membrane syndrome was noted, which was distinguished clinically by its short and comparatively mild course, though exhibiting typical pO_2 and pCO_2 alteration. These modified, fairly mild forms seemed generally more frequent after corticosteroid management, Dr. Eckert said.

IMMATERIA MEDICA**The Western Slope**

● Dr. Harold Zimmerman of Laramie, Wyo., was taken by the ending of a piece in *Cutis*:

"When the older physician saw this patient, he made the diagnosis within seconds; the younger physicians were completely ignorant of both Dr. Melemy or the cause for the ulceration. *'Sic gloria transit.'*"

He feels the Latin is putting the cart before the horse. We figure Gloria was sick but had to travel.

● "In comparing a six month duty tour of mainland China during 1945 to a recent one-month visit in 1973 is about as parallelistic as an overlaid cesspool is to a Palm Springs condominium."

—Utah Medical Bulletin

Some of those Palm Springs condominiums are getting awfully parallelistic, we understand.

Once again: contributions to *Immateria Medica* are welcome. Send in the best anecdote you heard at a meeting.



Good fluid balance. ©1975 Medical Tribune

In the group of 16 premature delivered between the thirty-second and thirty-sixth week of pregnancy, the incidence of hyaline membrane disease amounted to five per cent; one child developed a severe membrane syndrome in conjunction with sepsis, which eventually proved lethal.

Incidence 30% in Controls

One other child, delivered at a weight of 1300 grams during the thirty-third week of pregnancy, survived with a modified form of hyaline membrane disease. In the control group without management, adjusted to age, the incidence of hyaline membrane disease was 30 per cent.

Coauthors were R. Gerner, E. Halberstadt and V. Loewenich.